



LEADING
SPAS



LHWSPAS.COM



Dear Friends:

We are pleased to bring you the 2013-14 edition of the Leading Spas Directory.

At The Leading Hotels of the World, our dedication to providing you with outstanding and enriching travel experiences spans more than eight decades. Aligned with that commitment and dedication, we launched the Leading Spas initiative in 2004 as the first global accreditation and certification program for luxury spas.

Just as each Leading Hotel is distinctive and unique, each of the nearly 100 qualifying Leading Spas is also representative of its destination, enveloping its guests in pampering treatments reflective of its region and traditions. And just as each Leading Hotel must pass a rigorous, anonymous inspection, each Leading Spa must meet an additional set of standards, specifically relating to its spa facilities and services, to qualify for the portfolio.

Our quality standards for our hotels have become more stringent, and our criteria for Leading Spas have become more demanding as well. We are committed to presenting you with a carefully chosen selection of those finest.

As you plan your travels, we encourage you to use this Directory, and our website, LHWspas.com, as your personal guides for rewarding spa holidays.

Sincerely,

A handwritten signature in black ink, appearing to read 'Theodore Teng', written in a cursive style.

Theodore Teng
President & Chief Executive Officer
The Leading Hotels of the World, Ltd.

WORLDWIDE RESERVATIONS & SERVICE CENTER

For information and reservations at Leading Spas, please contact your travel professional, visit our web-site at LHWspas.com or telephone any office listed below.

NORTH AMERICA

[United States, Canada, Puerto Rico and U.S. Virgin Islands](#)

(1-800) 223-6800 toll free

Worldwide

(1-407) 681-6146

Fax: (1-407) 681-6141

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(1-800) 223-1230 toll free

(1-212) 515-5820

Fax: (1-212) 515-5848

[Mexico](#)

Mexico City

(52-55) 2122-2770

Elsewhere

01-800-0078200 toll free

Fax: (52-55) 5280-4563

SOUTH AMERICA

[Argentina](#)

Buenos Aires

(54-11) 4129-0000

Argentinian Provinces

0-800-333-4611 toll free

Fax: (54-11) 4129-0033

[Bolivia](#)

800-100-598 toll free

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São Paulo

(55-11) 3171-4000

Elsewhere

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[Venezuela](#)

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8000-4086 toll free

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[Kuwait](#)

6632-9932 toll free

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[Qatar](#)

0800-971-008 toll free

Fax: (971-4) 366-1040

[Saudi Arabia](#)

800-897-1488 toll free

Fax: (971-4) 366-1040

[United Arab Emirates](#)

800-532-3464 toll free

(971-4) 366-1255

Fax: (971-4) 366-1040

ASIA

[Hong Kong](#)

800-96-2518 toll free

Fax: (65) 6737-7557

[India](#)

000800-650-1240 toll free

000800-852-5100 toll free

Fax: (65) 6737-7557

[Indonesia](#)

001-803-65-6609 toll free

Fax: (65) 6737-7557

[Japan](#)

(81-3) 5551-0101

(0120) 086-230 toll free (Japan only)

Fax: (81-3) 5551-0105

[Korea](#)

001-800-5210-5131 toll free

Fax: (81-3) 5551-0105

[Malaysia](#)

1-800-80-1006 toll free

Fax: (65) 6737-7557

[People's Republic of China](#)

400-1324-582 toll free

Fax: (65) 6737-7557

[Philippines](#)

1-800-1-65-1-0235 toll free

Fax: (65) 6737-7557

[Singapore](#)

1-800-737-9955 toll free

(65) 6737-9955

Fax: (65) 6737-7557

[Taiwan](#)

00801-65-1223 toll free

Fax: (65) 6737-7557

[Thailand](#)

001-800-65-6099 toll free

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WORLDWIDE RESERVATIONS & SERVICE CENTER

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0-800-1-21-23 toll free
Fax: (49-69) 664-19-291

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800-14-20-24 toll free
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[France](#)

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0-800-136-136 toll free
Fax: (49-69) 664-19-291

[Groups and Meetings](#)

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Fax: (33-1) 53-67-10-20

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(49-69) 138-85-130
Fax: (49-69) 138-85-310

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00-800-39-127-0617 toll free
Fax: (39-02) 6698-6845

[Ireland](#)

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[Groups and Meetings](#)

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[Israel](#)

180-945-4488 toll free

[Italy](#)

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800-822005 toll free
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[Luxembourg](#)

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[Monaco](#)

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800-780-036 toll free
Fax: (49-69) 664-19-291

[Russia](#)

(7-495) 937-54-37
Fax: (7-495) 937-54-35

[Spain](#)

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900-800-217 toll free
Fax: (49-69) 664-19-291

[Groups and Meetings](#)

(34-91) 559-17-50
Fax: (34-91) 547-29-77

[Sweden](#)

00-800-2888-8882 toll free
020-321-123 toll free
Fax: (49-69) 664-19-291

[Switzerland](#)

00-800-2888-8882 toll free
0-800-55-1123 toll free
Tessin 0800-554-773 toll free
Fax: (49-69) 664-19-291

[The Netherlands](#)

00-800-2888-8882 toll free
0800-022-11-23 toll free
Fax: (49-69) 664-19-291

[Turkey](#)

00-800-39-9075252 toll free
Fax: (39-02) 6698-6845

[Ukraine](#)

0-800-300-888 toll free
Fax: (7-495) 937-54-35

[United Kingdom](#)

00-800-2888-8882 toll free
0800-181-123 toll free
Fax: (49-69) 664-19-291

[Groups and Meetings](#)

00-800-3028-3028 toll free

[Entertainment](#)

00800-1010-2222 toll free

AUSTRALIA & NEW ZEALAND

[Australia](#)

Sydney (61-2) 9377-8444
Elsewhere (1-800) 222-033 toll free
Fax: (61-2) 9279-0780

[New Zealand](#)

0800-44-1016
Fax: (61-2) 9279-0780

[SOUTH AFRICA](#)

0-800-997-012 toll free
Fax: (49-69) 664-19-291

*For European countries not listed, please telephone our Reservations & Service Center in Germany: (49-69) 664-19-602 or in Italy: (39-02) 669-861-31.



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TRAVEL MADE EXCEPTIONAL

The Leaders Club promise: rare and singular experiences at the world's most remarkable hotels. Membership opens the doors to exclusive benefits to make each stay more unique, more enjoyable, more memorable. And those benefits are yours at over 430 one-of-a-kind Leading Hotels across the globe, making Leaders Club one of the most rewarding memberships in the world.



The Leading Hotels of the World has assembled a unique collection of the finest international spas that will assure your total satisfaction. Calling on the advice of recognized leaders in the spa and wellness industry, Leading Spas must meet the standard of over 200 separate criteria. From the reservations process, to the atmosphere of the treatment room and facilities, to the services themselves, satisfying this rigorous inspection assures that every guest of a Leading Spa will enjoy a most luxurious and rewarding spa experience.



LEADING SPAS

EUROPE

Austria
Croatia
Cyprus
France
Germany
Greece
Italy
Monaco
Portugal
Spain
Sweden
Switzerland
Turkey
United Kingdom

MIDDLE EAST

Egypt
United Arab Emirates

AFRICA

Mauritius
Seychelles
South Africa

ASIA & PACIFIC

Australia
French Polynesia
India
Indonesia
Japan
Malaysia
Maldives
People's Republic of China
Thailand
Vietnam

NORTH AMERICA

Mexico
United States of America

CENTRAL & SOUTH AMERICA

Costa Rica
Argentina
Brazil

THE CARIBBEAN

Barbados
Dominican Republic
Jamaica

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LEADING SPAS PRESENTS EXCLUSIVE OFFERS FOR DISCERNING SPA-GOERS. VISIT OUR WEBSITE, LHWSPAS.COM/EXCLUSIVE-OFFERS, FOR THE MOST UP-TO-DATE PACKAGES.



LEADING SPA ESCAPES – RUN AWAY WITH A 30% SAVINGS ON ACCOMMODATIONS AND A SPA SERVICE! NEVER A BETTER TIME, NEVER A BETTER PRICE.

SPA PLUS – ENJOY A USD 100 SPA CREDIT (OR EQUIVALENT IN LOCAL CURRENCY) PER RESERVATION, PER TWO-NIGHT MINIMUM STAY AT A PARTICIPATING LEADING SPA HOTEL.

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THE LEADING HOTELS
OF THE WORLD®

LHWSPAS.COM

KEMPINSKI HOTEL DAS TIROL

Kitzbüheler Strasse 48, 6373, Jochberg, Austria | T: (43) 5355-50100

Kempinski The Spa is a soothing environment of 3,600 square meters devoted to wellness, incorporating a variety of local elements—such as lava and salt stone sauna and steam baths, Tyrolean mountain herbs and local timber—to create a sense of place, and employing world-renowned La Prairie products in its treatments and therapies. In addition to the indoor pool, 20-meter outdoor sports pool, sun terrace, and fitness center, there are relaxation areas with four-senses loungers, relax cubes, and relax zone with waterbeds. Dedicated entirely to a natural experience and the elements of nature, the spa offers treatments such as Haki flow, a deep relaxation in water to restore the lost contact with the body, and holistic cocooning for deep relaxation.



KEMPINSKI THE SPA

HOTEL INFORMATION

118 rooms and 30 suites
83 kilometers from Salzburg International Airport
113 kilometers from Innsbruck International Airport
174 kilometers from Munich International Airport

SIGNATURE TREATMENT

Mountain Crystal Massage—warm stones and cool mountain crystals are used to include an incomparable feeling of wellbeing

SPA PRODUCTS

La Prairie, Salin de Biosel

INTERALPEN-HOTEL TYROL

Dr.-Hans-Liebherr-Alpenstrasse 1, Telfs-Buchen, Seefeld, 6410 Austria | T: (43-50809) 30

The InterAlpen-Hotel Tyrol provides perfect pleasure at the highest level: Set in an exclusive location at 1,300 meters above sea level on the Seefeld plateau, surrounded by a picturesque scene of mountains. The amazing spa covers an area of over 5,000 square meters and is unequalled within the Alpine region. Guests seeking total relaxation and some serious pampering in a luxurious atmosphere find their dreams fulfilled in the wellness oasis at the InterAlpen-Hotel Tyrol. The wellness therapists are renowned for their harmonious application of both Far Eastern wisdom and established Western techniques.



WELLNESS AND SPA AT THE INTERALPEN-HOTEL TYROL

HOTEL INFORMATION

234 rooms and 48 suites
30 kilometers from Innsbruck International Airport
173 kilometers from Munich International Airport

SIGNATURE TREATMENT

Holistic Therapy—two therapists accompany guests through a treatment starting with a lavender soak then scrub and wrap, while having a facial massage, followed by a four-hand massage using classic and Oriental techniques for deep relaxation

SPA PRODUCTS

Sisley, Dermalogica, La Ric and Vinoble



HOTEL SACHER WIEN

Philharmonikerstrasse 4, A-1010 Vienna, Austria | T: (43-1) 51-456-510

In 1876, the Hotel Sacher in Vienna was established by Eduard Sacher, son of the creator of the Original Sacher-Torte. So it is fitting that the Sacher Spa has created a wonderful pampering experience for body and soul by combining the most precious ingredients from the cacao bean into three unique chocolate ceremonies. Therapists will indulge you with an exclusive pleasure for ultimate well-being. And the best part could be that the entire experience is calorie-free. Used in the treatments is a range of tender, creamy and fragrant products: the Time to Chocolate® line, designed to sweeten your soul and nourish your skin, while leaving it softer and smoother than ever. Full of nourishing and vital effects, the products are the ideal recreation for clients' skin. The creamy chocolate care—especially the cacao butter—provides immediate results, a firmer skin and guarantees a radiant look with a long-lasting effect.



SACHER SPA

HOTEL INFORMATION

86 rooms and 63 suites
18 kilometers from airport

SIGNATURE TREATMENT

A Symphonie in Chocolate—a chocolate wrap, aroma steam bath, peeling massage, chocolate mask and relaxing massage

SPA PRODUCTS

Time to Chocolate by Sacher Spa, La Prairie, Ligne St. Barth

FALKENSTEINER HOTEL & SPA IADERA

Punta Skala bb 23231 Petrcane, Croatia | T: (385-23) 500-911

The Falkensteiner Hotel & Spa Iadera is an oasis of well-being in Croatia. Located directly on the beach, guests can experience the beauty of Punta Skala as they indulge in the exclusive, luxurious 6,000-square-meter spa. A visit to the unique hamman is like a trip to heaven, complete with Orient-style relaxation. Acquapura (meaning “pure water” in Italian) Spa is a unique wellness concept created for Falkensteiner Hotels & Residences. Water plays a very important role at the spa, from the spacious pools and waterscapes to the impressive Hamman and sauna areas and the wide array of treatments. Guests can indulge in a treatment that taps into the power of crystals and gemstones, and pampers their skin with natural active ingredients including seawater, algae and sun.



ACQUAPURA SPA

HOTEL INFORMATION

160 rooms and 50 suites
Seasonal hotel, closed mid-January to mid-March
25 kilometers from Zadar Airport; 150 kilometers from Split Airport

SIGNATURE TREATMENT

Iadera signature treatment ceremonies with healing power of crystals and gemstones created exclusively for the spa
Hamman treatment creations for relaxation, well-being and cleanliness

SPA PRODUCTS

Exclusive Anne Semonin cosmetics and Dalmatian oil, cream and soap



AMATHUS BEACH HOTEL LIMASSOL

Amathus Avenue, 75, Limassol, 4532, Cyprus | T: (357) 2583-2000

The new Amathus Spa & Wellness Centre offers over 2,000 square meters of opulent space where guests can unwind in a tranquil setting, incorporating the elements of air, earth, fire and water. After undergoing an in-depth analysis to determine their individual needs, guests are offered tailor-made options ranging from a one-hour treatment to a week-long program, and leave the spa feeling refreshed, recharged, rejuvenated. In addition to a state-of-the-art gym overlooking the pool, the spa also offers a wide choice of fitness and exercise classes.

AMATHUS SPA & WELLNESS CENTRE

HOTEL INFORMATION

199 rooms, 27 jr. suites, 9 jr. suites with private pool, 4 suites
40 minutes from Larnaca International Airport
and Paphos International Airport

SIGNATURE TREATMENT

Submit yourselves in the hands of our therapists in the Spa Suite; revive your senses, soothe your spirit and indulge your body with the memorable "Amathus Experience." Full Body Polish—Swedish Full Body Massage—Aroma Hydrotherapy Bath

SPA PRODUCTS

Pevonia Botanica, Carità



ANASSA

P.O. Box 66006, 8830 Polis, Cyprus | T: (357) 26-888000

An enchanting blend of five-star luxury, classical architecture and complete privacy, Anassa looks across one of the finest beaches in Cyprus to the Akamas Peninsula and the famous Baths of Aphrodite. Guest villas offer the quiet charm of an ancient Byzantine village, updated with spacious rooms, luxurious furnishings and panoramic sea-view balconies. Guests can enjoy the serene, elegant space of the Thalassa Spa and its facilities; or indulge in our extensive treatment menu including Thalassotherapy, Anassa Signature treatments, The Organic Pharmacy body and face rituals, Osea marine-based therapies and QMS medicosmetics—the perfect way to revitalize and restore your skin.



THALASSA SPA

HOTEL INFORMATION

140 rooms and 37 suites
60 kilometers from Paphos International Airport
170 kilometers from Larnaca International Airport

SIGNATURE TREATMENT

Organic Cypriot scrub with indigenous ingredients, followed by a wrap of organic yogurt and honey

SPA PRODUCTS

The Organic Pharmacy, Osea, QMS medicosmetics



GRAND HÔTEL DE BORDEAUX & SPA

2-5 Place de la Comédie 33000 Bordeaux, France | T: (33-05) 5730-4444

The Grand Hôtel de Bordeaux & Spa façade is an 18th-century heritage treasure. In Roman times, the city's forum stood in the same area. During that time, there was a young woman with alabaster skin and dark hair, Léa, who sold body lotions and amphoras. It has been said that, in her, the vestals read a part of eternity. The prediction has come true. Léa's silhouette now gently glides over these baths, named after her. This magical place, Spa Nuxe, combines the luxury of hands that know how to speak to the skin, performing incomparable treatments, with enchanting fragrances and textures. With ten treatment rooms, the spa has 1,000 square meters of space located on the top three floors of the hotel. On the fifth floor, guests will discover a water journey ranging from a Hammam to a sauna, by way of the pool, bordered with columns that stretch toward the heavens.

LES BAINS DE LÉA SPA NUXE

HOTEL INFORMATION

124 rooms and 24 suites
11 kilometers Bordeaux Mérignac International Airport

SIGNATURE TREATMENT

Delicious Bio Beauty sweet treatment—Exfoliating and hydrating fruit body treatment

SPA PRODUCTS

Nuxe



HÔTEL MAJESTIC BARRIÈRE

10, La Croisette-BP 163, 06407 Cannes, France | T: (33-4) 92-98-77-00

Far from the turmoil of everyday life, let yourself fall under the spell of the Spa Majestic Barrière. This luxurious, contemporary urban spa offers an innovative and dynamic range of treatments. Designed especially for you, body care treatments created by our team of specialists will transport you for a blissful moment of relaxation in luxurious surroundings. Surrender to the luxury of personal attention and skillful massage to awaken the senses. For this unique savoir-faire and “added soul” are the hallmarks of the Majestic Barrière experience. The Spa Majestic Barrière stands out immediately among the well-being centers on the French Riviera with its relaxation areas, treatment cubicles, sauna, Hammam, fitness hall, and the only shower experience course on the Croisette.



SPA MAJESTIC BARRIÈRE

HOTEL INFORMATION

347 rooms and suites, 2 penthouses suites
25 minutes from Nice International Airport

SIGNATURE TREATMENT

YOU&Me The original four-hands massage—Couple's massage by two therapists
Spa Barrière—A tailor-made massage designed to satisfy your needs
Candle Spa Majestic Barrière—The spa's signature treatment for the ultimate in relaxation



HOTEL DE CHARME LES AIRELLES

Le Jardin Alpin, 73120 Courchevel 1850, Savoie, France | T: (33-4) 79-00-38-38

Located in the heart of Courchevel, this worldwide exclusive resort is situated in the Jardin Alpin with ski runs directly at its door. Guests step into well-being and relaxation at the 7,000-square-foot Cellcosmet for Les Airelles Spa, open December to April, that features waterfalls, swimming pool, indoor and outdoor whirlpool baths, Hammam and saunas, aromatic jet shower, fruit juice and herbal-tea bar, and a modern fitness room with the new Kinesis Personal system. Guests can experience Cellcosmet facial care, and a unique Spa Snow Cave to enjoy the tingling cooling at -10°C , in between two saunas, creating a new purifying concept. Physiotherapists-osteopaths, aestheticians, hairdresser and barber are also available.

SPA CELLCOSMET FOR LES AIRELLES

HOTEL INFORMATION

37 rooms, 14 suites and 1 apartment
Five minutes from Courchevel Altiport
30 minutes from Moutiers Railway Station
Two hours from Geneva and Lyon International Airports

SIGNATURE TREATMENT

Cellcosmet—Uniquely relaxing anti-aging medi-spa face and body treatment exclusively customized for “Les Airelles Spa,” using cellular and phyto elements
Marilyn—Anti-oxidant treatment combining a verbena and blueberry scrub with a mango and blueberry butter wrap, ending with a scalp, hand or foot massage

SPA PRODUCTS

Cellcosmet



HÔTEL FOUQUET'S BARRIÈRE

46, avenue George V, 75008 Paris, France | T: (33-1) 40-69-60-00

Experience the magnificent U Spa at Hôtel Fouquet's Barrière. This elegant wellness and relaxation area was designed for guests to find inner peace in a chic, yet extremely comfortable environment, including one of the largest swimming pools in a Parisian palace, an aqua-slimming trail, a fitness center with high-end equipment and personal trainer, sauna, steam-room and eight treatment rooms with dedicated experts. Indulge in a holistic treatment that appeals to the senses, soothes tired muscles and leaves you with an invigorating feeling, with the selection of our Signature treatments such as our six-hands massage or our dedicated treatments for women, men and even children.

U SPA

HOTEL INFORMATION

50 rooms and 31 suites
30 minutes from Charles de Gaulle International Airport
25 minutes from Orly Airport
25 minutes from Le Bourget private airport

SIGNATURE TREATMENT

U6—a six-hands fusion technique massage
Massage for U—combining stretching, pressure points and effleurages
The Fouquet's Treatment—SENSAI Special Facial treatment combined with back-specific massage to achieve smooth, translucent appearance

SPA PRODUCTS

Sensai by Kanebo International, Cinq Mondes



BYBLOS SAINT-TROPEZ

Avenue Paul Signac, 83990, Saint-Tropez, France | T: (33-4) 94-56-68-00

In the legendary Mediterranean resort of Saint-Tropez, the Byblos has recreated the atmosphere of an intimate village—with flower-filled gardens and sun-splashed patios. Individually decorated guest accommodations impart a sense of tranquility and elegance, in keeping with the spirit of fine Provençal living. At the heart of the Spa at Byblos Saint-Tropez is the Sisley name. Renowned for the efficacy and quality of its products, the Sisley brand is based on the use of the finest essential oils and plant extracts. The spa employs massage rituals from around the world created with a respect for local traditions. Each of the “Soin Essential” facial and body treatments has its own specific techniques precisely designed to address the needs of every skin type.

SPA BYBLOS BY SISLEY COSMETICS

HOTEL INFORMATION

41 rooms and 50 suites
60 miles from Nice Airport
Seasonal Hotel: Open April to October

SIGNATURE TREATMENT

Byblos Exclusive—an intensive anti-aging hydrating facial treatment with fine malachite stones

SPA PRODUCTS

Sisley



CHÂTEAU HÔTEL DE LA MESSARDIÈRE

Route de Tahiti, 83990 Saint-Tropez, France | T: (33-4) 94-56-76-00

Built in the 19th century as a wedding gift to French cavalry officer Henry Brisson de la Messardière and Louise Dupuy d'Angeac, Château Hôtel de la Messardière still weaves an aura of romance around its guests. Through the course of its history, it has experienced good times—and some difficult ones—but with loving care and attention, has evolved into the haven it is today. Stressed and weary travelers who also find themselves in need of a bit loving care and attention will find respite and rejuvenation at the hotel's spa. Surrounded by a majestic decor of mosaics, carved stone vaults and columns, parquet flooring, stained-glass windows, and a terrace opening onto a fragrant Italian-style garden, guests can enjoy a range of soothing treatments and rituals using products from La Prairie and Cinq Mondes.



SPA DU CHÂTEAU

HOTEL INFORMATION

73 rooms and 45 suites
55 miles from Nice Airport
35 miles from Toulon Airport
Seasonal Hotel: Closed October 21, 2012 to March 29, 2013

SIGNATURE TREATMENT

Abhyanga Massage—traditional Ayurvedic massage. Simulates and invigorates the circulatory, lymphatic and respiratory systems
La Prairie in Provence—a gentle facial incorporating lavender, perfect before or after the Saint-Tropez sun, while firming and tightening skin

SPA PRODUCTS

La Prairie, Cinq Mondes, OPI



TERRE BLANCHE HOTEL SPA GOLF RESORT

3100 Route de Bagnols-en-Forêt, Tourrettes, 93440 France | T: (33-4) 94-39-90-00

Located in an amazing 35,000-square-foot villa, the Terre Blanche Spa is surrounded by cypress trees, scented bushes and aromatic plants with contemporary art touches that will bring guests together in a rare space to enjoy a most luxurious and rewarding spa experience. The spa features 14 treatment rooms and two couple suites. There is an indoor swimming pool and an outdoor heated vitality pool, sauna, Hammam, laconium, ice shower and tropical shower, hair salon, manicure and pedicure studio. In addition to providing well-being for the body, the Zen and Fitness studios offer a wide range of activities. The complete immersion is magical, the luxury is endless and entirely devoted to guests' well-being.



TERRE BLANCHE SPA

HOTEL INFORMATION

- 115 suites and villas
- Two 18-hole golf courses and practice range
- 45 minutes from Nice Cote d'Azur International Airport

SIGNATURE TREATMENT

Provençal Escape—Full body treatment with Camargue sea salts and lavender buds exfoliation, warm rose grenat body mask and Provençal olive oil massage

SPA PRODUCTS

Sodashi and Ivo Pitangyu

BRENNERS PARK – HOTEL & SPA

Schillerstrasse 4/6, 76530 Baden-Baden, Germany | T: (49-7221) 9000

Step into the hotel's spa complex and enter a world of relaxation and tranquility. Our exceptional new Spa House, which will enhance our existing spa, will open in autumn 2013. The individual face and body treatments and the complete beauty programs incorporate international cosmetic brands and the Brenners exclusive private label "Brenners Park-Hotel – Spirit of Jaipur." Therapies, such as weight-loss programs and outdoor activities, complete the spa package and promise to be an invigorating wellness experience of the highest caliber. Brenners Medical Spa with high-end doctors is setting standards with a wide range of medical services.

BRENNERS SPA

HOTEL INFORMATION

68 rooms and 32 suites
100 kilometers from Stuttgart Airport
180 kilometers from Frankfurt Airport

SIGNATURE TREATMENT

Massage Menu—a unique treatment combining highly effective massage styles and techniques. Warm macadamia nut oil provides extra well-being

SPA PRODUCTS

Sensai, Sisley, SkinCeuticals, Niance, Futuresse



ALTHOFF GRANDHOTEL SCHLOSS BENSBERG

Kadettenstrasse, D-51429 Bergisch Gladbach, Germany | T: (49-2204) 42-0

The concept of the Beauty and Spa, which was developed by Elke Diefenbach-Althoff, provides pure relaxation and harmony for body, mind and spirit in a warm and luxurious environment. Each application is aimed at optimizing each guest's personal radiance. It is not the offer of superficial skin treatments, but rather the holistic pampering program, which penetrates deep into body and mind and promotes perfect harmony. The use of top-quality products, such as La Prairie, Clarins, Ligne St. Barth, and OPI administered by qualified personnel, makes you feel balanced and lets you forget your everyday life for a while. Enjoy the exclusive atmosphere in the Grandhotel Schloss Bensberg and the manifold possibilities that are available for your vitality, fitness and vibrancy.

BEAUTY & SPA GRANDHOTEL SCHLOSS BENSBERG

HOTEL INFORMATION

84 rooms and 36 suites
17 kilometers from airport

SIGNATURE TREATMENT

Caribbean Day—body peeling with sea sand, an individual massage with balanced Caribbean oils, facial treatment with Caribbean plant products, hand and foot pack and a light Caribbean snack

SPA PRODUCTS

La Prairie, Ligne St. Barth, Clarins, OPI



SCHLOSS ELMAU LUXURY SPA & CULTURAL HIDEAWAY

In Elmau 2, 82493 Elmau, Germany | T: (49-8823) 180

Built in 1916, Schloss Elmau has remained one of the world's truly unique hotels. A historical landmark, situated in a national forest, it has served as an ambassador to the arts, inviting artists and guests alike to enjoy over 90 years of culture, nature and hospitality within an alpine destination resort. A combination of one-of-a-kind location and distinctive architecture offers the luxury of space, diversity and privacy in a sanctuary of magical beauty. In addition to its legendary contemporary spa, Schloss Elmau is renowned as a cultural hideaway celebrating sense and sensibility for body and mind, with four separate spas for adults and children, and two concert halls for classical music, jazz and literature with some of the greatest artists and authors of our time.



SCHLOSS ELMAU SPA

HOTEL INFORMATION

83 rooms and 45 suites
130 kilometers from Munich International Airport
50 kilometers from Innsbruck International Airport

SIGNATURE TREATMENT

Schloss Elmau Special Blend—a blend of international massage techniques accompanied by complementary music styles to enhance the overall experience

SPA PRODUCTS

Schloss Elmau Signature Skin Care, Spa Manufactur, Niance, Ananné, OPI



VILLA ROTHSCHILD KEMPINSKI

Ascara Spa, Debusweg 3, Koenigstein-Falkenstein, Germany | T: (49-6174) 909100

The Ascara Spa is based on a three-pillar approach to well-being: beauty, fitness and health. These elements are professionally connected to offer assistance that will accompany visitors for a lifetime. Nestled in the climatic spa resort of Falkenstein, those seeking the best for mind, body and soul will feel completely at home. The 1,200-square-meter complex features various treatment rooms, an outdoor swimming pool, as well as a relaxation area to unwind.



ASCARA SPA

HOTEL INFORMATION

Villa Rothschild Kempinski
18 rooms and 4 suites
20 kilometers from Frankfurt International Airport

SIGNATURE TREATMENT

Ascara Spa Aromamassage—combining classic techniques, acupressure and energy work with herbal elements, using warm, aromatic oils

SPA PRODUCTS

Thalgo, Clarins

HOTEL NASSAUER HOF

Kaiser Friedrich Platz 3-4, 65183 Frankfurt, Wiesbaden, Germany | T: (49-611) 1330

With the Kurhaus, its famous casino and spa gardens as neighbors, the Hotel Nassauer Hof expertly combines old-world charm with modern elegance. The hotel's superbly equipped spa, the Nassauer Hof Therme, features a rooftop indoor pool with thermal water from the hotel's own hot spring, a fully equipped state-of-the-art fitness area, various saunas and an Estée Lauder Beauty Center. Therapists take a holistic approach to all beauty, fitness and physiotherapeutic treatments. Being medically trained and certified, they can recommend tailor-made programs for the utmost sense of well-being. The hotel offers three dining options including the Michelin-star award-winning restaurant ENTE. Nearby Rhine Valley offers additional opportunities for blissful hours and the shopping area of Wiesbaden is steps from the hotel.



NASSAUER HOF THERME

HOTEL INFORMATION

135 rooms and 24 suites
29 kilometers from Frankfurt International Airport

SIGNATURE TREATMENT

A Beautiful Day—includes sauna and thermal bath, full-body massage, Estée Lauder Classic European facial, stress-relief eye zone treatment, hand massage, foot massage, glass of champagne

SPA PRODUCTS

Estée Lauder, Thalgo



FAIRMONT HOTEL VIER JAHRESZEITEN

Neuer Jungfernstieg 9-14, 20354 Hamburg, Germany | T: (49-40) 34940

The fitness and wellness oasis is situated on floors five and six with views over Hamburg's rooftops, offering guests 500 square meters of space dedicated to well-being and relaxation. The following are provided by the Spa & Fitness Club: five treatment rooms, separate wet areas with sauna and steam bath, relaxation room, two solariums, hydro-massage tub, as well as a fitness area. All are combined to offer a veritable fountain of youth. A total of 106 different treatments are available, including various massages, several cosmetic applications, cures, beauty care, personal training, as well as body work.



SPA & FITNESS CLUB

HOTEL INFORMATION

124 rooms and 32 suites
20 minutes from Hamburg International Airport
Directly situated in the city center

SIGNATURE TREATMENT

Vier Jahreszeiten Massage—Full body massage blending techniques of the East and West

SPA PRODUCTS

MBR, Kerstin Florian International, Aromatherapy

GRAND HOTEL HEILIGENDAMM

Prof.-Dr.-Vogel-Strasse. 6, 18209 Heiligendamm, Germany | T: (49-38203) 740-0

"Pleasure awaits you here once you emerge from the healing baths." This Latin inscription has greeted visitors since the first bathhouse of the 18th century established Heiligendamm as Germany's first seaside resort. As early as 1793, Friedrich Franz I, Duke of Mecklenburg-Schwerin, recognized the healing effect of the salt water after he bathed in the "Holy Dam" on the Baltic Sea on the advice of his personal physician. Then, as today, spa visitors gained strength from the sea. Capitalizing on the benefits of its location: favorable climatic conditions, such as dust-free and moist air, minor fluctuations in temperature throughout the year, and a unique landscape, Grand Hotel Heiligendamm earns its reputation as one of the most extraordinary spas in the world.



HEILIGENDAMM SPA

HOTEL INFORMATION

120 rooms and 61 suites
30 minutes from Rostock Laage Airport
90 minutes from Hamburg Airport

SIGNATURE TREATMENT

Ocean Menu Friedrich Franz—foot ritual, sea salt exfoliation, purifying and detoxifying seaweed wrap, face and head massage and full body massage

SPA PRODUCTS

La Prairie, LIGNE ST Barth®, ila-Spa, OPI and Thalgo Cosmetics



BAYERISCHER HOF

Promenadeplatz 2-6, 80333 Munich, Germany | T: (49-89) 2120-992

High above the roofs of Munich, the 1,300-square-meter Blue Spa is the crowning glory of the Bayerischer Hof, designed for the ultimate in relaxation and healing. Andrée Putman created an oasis that includes a lavish mosaic tile pool with a glass roof that can be opened, sumptuous saunas, steam bath, solarium and fitness studio. Here, a team of internationally skilled therapists welcomes guests with luxurious body and beauty treatments that impart radiance and vitality. Afterwards, visitors can enjoy the Blue Spa Bar & Lounge with sun terraces, an open fireplace and winter garden for snacks, cocktails and breathtaking views over Munich.

BLUE SPA

HOTEL INFORMATION

340 rooms including 60 suites
35 kilometers from airport

SIGNATURE TREATMENT

Blue Spa Massage—a holistic session combining Shiatsu, Swedish, and Thai techniques with aroma and lymphatic massage

SPA PRODUCTS

Dorissima Organic Alps, Ligne St. Barth, Maria Galland, Niance



GRAND RESORT LAGONISSI

Attikos Helios S.A. 190 10 Lagonissi, Athens, Greece | T: (30-22910) 76000

Thalaspas Chenot, located on the beachfront of the Grand Resort Lagonissi peninsula, offers breathtaking views of the Mediterranean crystal-blue waters. Committed to the quality, purity and integrity of natural ingredients, combined with the original Henri Chenot techniques, a unique retreat was created to ensure an unforgettable experience, restoring inner balance and complete serenity. The individual, with all personal needs taken into consideration, is the center of the spa's philosophy.



THALASPA CHENOT

HOTEL INFORMATION

191 rooms and bungalows; 76 suites and villas; 1 royal villa; 1 dream suite
15 minutes from airport/45 minutes from city center

SIGNATURE TREATMENT

Tendon-Muscle Massage—a technique to dissolve energy blocks, acting on muscle and tendon tissue, to provide drainage and detoxification, and stimulate energy

SPA PRODUCTS

Henri Chenot



DIVANI APOLLON PALACE & SPA

10, Agiou Nikolaou & Iliou Street, Vouliagmeni, 166 71, Athens, Greece | T: (30-210) 891-1900

The 3,500-square-meter Divani Athens Spa & Thalasso Centre is the first of its kind in Athens and one of the largest in Europe. It houses a wide range of facilities and therapies. The unique treatments, thalassotherapy experience, fitness activities and relaxation methods have been carefully blended to provide the optimal environment to encourage health and well-being. The spa provides guests with the ultimate in luxury and services, including a fully equipped fitness and aerobics area, swimming pool, 25 multi-purpose treatment rooms including massage room, hydrotherapy room, sauna, Hammam, solarium, as well as a variety of therapies to cleanse the body and aid in relaxation.

DIVANI ATHENS SPA & THALASSO CENTRE

HOTEL INFORMATION

307 rooms, 35 suites and 1 presidential suite
19 kilometers from airport

SIGNATURE TREATMENT

Flame Massage—a unique massage where one can choose among relaxing, detoxifying and firming oil candles or combine them for a deep relaxing full body massage

SPA PRODUCTS

Ligne St. Barth, Thalgo, Terrake



ELOUNDA BEACH HOTEL & VILLAS

72053 Elounda, Crete, Greece | T: (30-28410) 63000

Step into the tranquil ambience of the Thalassa Chenot Elounda Beach to unwind with a blend of nature's remedies, personalized service and peaceful surroundings that will create a symphony for the senses. With breathtaking sea views, the spa offers a massage suite, finishing studio, indoor and outdoor swimming pools and a relaxation area. Committed to the quality, purity and integrity of natural ingredients, combined with the original Henri Chenot techniques, a unique retreat was created to ensure an unforgettable experience, restoring inner balance and surrendering your body to complete serenity. Highly skilled and Chenot-trained therapists will select a sequence of luxurious treatment experiences and programs combined with bio-light menus, based on each individual's psycho-physical and biological conditions.

THALASSA CHENOT ELOUNDA BEACH

HOTEL INFORMATION

173 deluxe rooms, suites and villas
35 villas with private pool / 8 yachting villas with private pool
2 royal suites with private pool / 1 palace suite with two private pools
45 minutes from Heraklion Airport

SIGNATURE TREATMENT

Anti-Stress Spa—seven day program
Chenot Spa—six day program
Anti-Aging Spa—seven day program

SPA PRODUCTS

Henri Chenot-Sources de Santé



GRAND HOTEL QUISISANA

Via Camerelle 2, 80073 Capri, Italy | T: (39-081) 837-0788

Rediscover harmony and serenity at the Grand Hotel Quisisana, located in the very heart of Capri to capture the timeless romance and beauty of its surroundings. Created with a philosophy that emphasizes the importance of mind-body alignment to achieve wellness, the programs available at the spa, known as QuisiBeauty, provide a lavish menu of treatment options to achieve deep relaxation, conditioning, health and radiant beauty. The results are lasting and the memories unforgettable.



QUISIBEAUTY

HOTEL INFORMATION

148 rooms, including 32 junior suites, 15 suites and duplex suites
30 miles from airport

SIGNATURE TREATMENT

Caviar Firming Facial—pure luxury that instantly firms skin, giving it a more perfect tone and texture. Caviar pearls and a face and eye massage transform even the duller complexions into radiant, luminous skin

SPA PRODUCTS

La Prairie, Kerastase



CAPRI PALACE HOTEL & SPA

Via Capodimonte 14, 80071 Anacapri, Capri, Italy | T: (39-081) 97-80-111

The Capri Beauty Farm is located amidst the lush gardens of Anacapri, on the breathtaking Island of Capri. This award-winning, full-service destination medical spa is run under the careful supervision of professor Francesco Canonaco, world-renowned medical director who, along with important Italian universities, has developed high-tech beauty and wellness treatments for modern life. Dietetic nutritional counseling, innovative fitness routines, and the Professor's patented "Leg School program" produce remarkable results to encourage a healthy lifestyle. True "benessere" (wellness) combines the latest advancements with traditional techniques, providing a place to regenerate body and soul. With 1,000 square-meters divided into two floors and 27 treatment rooms, the Capri Beauty Farm is the most fully equipped Spa in the area.



CAPRI BEAUTY FARM

HOTEL INFORMATION

78 rooms, including 11 suites, 6 with private pool
40 kilometers from Naples airport

SIGNATURE TREATMENT

Leg School—Professor Canonaco's patented treatment, proven to improve metabolism and circulation, restore skin tone and fight cellulite
Skinesis Facial for Capri Palace—The perfect fusion of science, nature and luxury, providing anti-aging effects, restoring the brightness and splendor of young skin

SPA PRODUCTS

Skinesis, Valmont, Aromatherapy Associates, Esthederm





BAGNI DI PISA PALACE & SPA

Largo Shelley, 18, 56017 San Giuliano Terme, Pisa, Italy | T: (39-050) 88501

An 18th-century visitor once commented, “One can rightly say that the Bagni di Pisa Spa brings relief to some, to many it brings back health that was lost, and it gives great joy to everyone, being so-to-say, the most beautiful vacation spot of Italy.” Becoming famous among European nobility in 1743, when the Grand Duke of Tuscany made it his own summer spa residence, the aristocratic roots can be seen in original frescoes, Tuscan terracotta floors, marble and granite that brings to life the grandeur of the Ducal palace. The thermal waters of Bagni di Pisa are legendary for their high magnesium concentration, which aids relaxation, soothes the digestive system and restores energy. Reached through an 18th-century tunnel is a small thermal grotto where a constant cascade of 38°C water fills an illuminated stone pool. The warm, humid atmosphere regulates blood pressure, eases respiration, and induces perspiration, eliminating toxins. A perfect antidote to 21st-century stress.

BAGNI DI PISA SPA

HOTEL INFORMATION

39 rooms and 21 suites
10 kilometers from Pisa Airport
70 kilometers from Florence Airport

SIGNATURE TREATMENT

Lose weight in Tuscany—including nutrition education, diet and detox programs

SPA PRODUCTS

Eteria, cosmetic line by Fonteverde



LE SIRENUSE

Via Colombo 30, 84017 Positano (Salerno), Italy | T: (39-089) 875066

Le Sirenuse Spa was designed by the world-renowned architect Gae Aulenti, and features a sauna, a bio-sauna, two massage cabins, a suite for couples, an outdoor pool on a heavenly terrace, an indoor plunge pool, Hammam, gym with weights and TechnoGym machines. It is the perfect place to visit and unwind after a day of intensive sightseeing, or sun worshipping.



LE SIRENUSE SPA

HOTEL INFORMATION

58 rooms and 2 suites
60 kilometers from Naples International Airport

SIGNATURE TREATMENT

Elemental Nature Complete Treatment—a 2½ hour couples treatment—including a customized massage with aromatic oils followed by a personalized facial

SPA PRODUCTS

Aveda



FONTEVERDE TUSCAN RESORT & SPA

Località Terme, 1, 53040 San Casciano dei Bagni, Tuscany, Italy | T: (39-0578) 57241

Fonteverde Tuscan Resort & Spa, an aristocratic 17th-century de' Medici residence, is located in the beautiful Tuscan area with unique valley views. The avant-garde spa offers traditional thermal therapies, a selection of therapeutic hydrotherapies, beauty, massage and an exclusive Mediterranean spa area. Recently, *Travel+Leisure* has praised this exclusive destination as “The most beautiful spa in the most beautiful place in the world.”

FONTEVERDE TUSCAN RESORT & SPA

HOTEL INFORMATION

64 rooms, 10 junior suites and 4 suites
170 kilometers from Florence Airport
200 kilometers from Rome Airport

SIGNATURE TREATMENT

Bioaquam Circuit—a series of 22 different hydromassages in an indoor and outdoor pool

SPA PRODUCTS

Eteria, exclusive cosmetic line



VILLA DEL PARCO & SPA, FORTE VILLAGE RESORT

S.S. 195 Km 36.600, 09010, Santa Margherita di Pula, Cagliari, Sardinia, Italy | T: (39-070) 921-8820

Blessed with a subtropical micro-climate, a long white crescent-shaped beach and crystal clear sea, the luxurious Villa del Parco & Spa, Forte Village Resort is a veritable oasis surrounded by tropical gardens with bougainvillea and fragrant pines. The Thalasso del Forte features a series of six unique saline-dense pools offering the signature thalassotherapy treatment in an open-air haven. There is a wide range of treatments, one of the finest gyms in Europe and an open-air Roman square that is perfect for relaxing. Dinner is served on the terrace of the Villa del Parco's top-floor restaurant, Belvedere, for the natural fare of Sardinia. Whether traveling as a couple or a family, this resort offers everything you desire for an ultimate holiday.



THALASSO DEL FORTE

HOTEL INFORMATION

22 bungalows, 25 rooms, 8 suites and 2 villas
40 minutes from Cagliari-Elmas International Airport

SIGNATURE TREATMENT

Thalassotherapy Treatments—using the healing powers of the spa's special waters for a psychophysical balance
Honey & Salt Massage—this unforgettable experience drains, purifies and exfoliates
Thalasso Massage—a water-based mental and physical technique for reduced tension and relaxation

SPA PRODUCTS

Terme del Mare, Murad and Dermo 28



TERME DI SATURNIA SPA & GOLF RESORT

Via Follonata, 58014 Saturnia, Tuscany, (GR) Italy | T: (39-0564) 600-111

Located at the heart of Italy's Tuscan Maremma, Terme di Saturnia Spa & Golf Resort is Europe's finest wellness experience, set on the site of a thermal spring, whose waters cascade at a rate of 500 liters per second, and a constant temperature of 37°C. Embraced by generations of bathers, the legendary health-giving properties of the waters continue to seduce spa goers, and form the basis for Terme di Saturnia's unrivalled range of specialist treatments and programs. An ancient legend tells of Saturn, god of the harvest, losing his patience with a mankind and hurling a thunderbolt into a volcanic crater, from which sprang a river of warm water, covering the valleys, mountains and plains, soothing the lands of Saturnia. Today, that legend is the foundation of Terme di Saturnia's philosophy, helping guests restore good health.

TERME DI SATURNIA SPA & GOLF RESORT

HOTEL INFORMATION

60 rooms and 80 suites
150 kilometers from Rome International Airport

SIGNATURE TREATMENT

Saturnia Gold Facial—The powerful properties of gold make this element extraordinarily effective in preventing wrinkles. Having penetrated the derma, gold activates the production of collagen and elastin bestowing luminosity and the appearance of younger skin

SPA PRODUCTS

Terme di Saturnia line with Bioglea™, a pure thermal plankton extract



MASSERIA SAN DOMENICO SPA-THALASSO & GOLF

72010 Savelletri di Fasano, (BR) Puglia, Italy | T: (39-080) 482-7769

Masseria San Domenico possesses the finest thalassotherapy complex in southern Italy, equipped with cutting-edge installations and providing treatments based on the healing virtues of the sea water and the seaweeds of the nearby Adriatic Sea. It dispenses a variety of personalized treatments, such as its famous olive oil wrap, using Masseria's own olive-processing production, and the most avant-garde anti-aging facials. A large indoor thalasso pool provides further opportunity for guests to benefit from its relaxing properties. For guests who wish to take advantage of the slimming effects of the thalassotherapy treatments, low-calorie menus based on the principles of the Mediterranean diet are available at lunch and dinner. This is the perfect place to indulge the senses and enjoy the treatments offered.



MASSERIA SAN DOMENICO'S SPA AND THALASSO CENTER

HOTEL INFORMATION

34 rooms and 11 suites
45 minutes from Brindisi Airport
55 minutes from Bari Airport

SIGNATURE TREATMENT

San Domenico Indoceane Ritual—leads you through a unique sensorial experience where the body and soul reach a state of relaxation. It starts with a purifying gommage, followed by a precious, moisturizing milk bath, a revitalizing and relaxing massage and, finally, a nourishing and subliminal wrapping

SPA PRODUCTS

Ls Masseria Olive Oil Products, Carita, Thalgo



HOTEL METROPOLE

4 Avenue de La Madone, Monte Carlo, 98007 Monaco | T: (377) 9315-1370

The Metropole ESPA Monte-Carlo is a sophisticated space dedicated to a guest's total well-being with eight treatment rooms and two private spas, relaxation areas including a solarium, heated seawater pool, fitness studio, and "Heat Experience." Guided by the ESPA philosophy, it offers holistic and signature treatments as well as day spa rituals that work equally for the inner self and mind. The tailor-made treatments for guests combine the best of ancient and modern therapies with the finest quality ingredients and scientific skin care advances. New pool restaurant, bar and lounge designed by Karl Lagerfeld with a menu created by Joël Robuchon.

METROPOLE ESPA MONTE-CARLO

HOTEL INFORMATION

69 rooms and 64 suites
25 kilometers from Nice International Airport

SIGNATURE TREATMENT

Eros, the god of love and Cupid's counterpart. Spend time with your loved one in our exclusive private suite—Ritual Titan Time

SPA PRODUCTS

ESPA Products



GRANDE REAL VILLA ITÁLIA HOTEL & SPA

Rua Frei Nicolau de Oliveira 100, Cascais 2750-319, Portugal | T: (351-21) 096-60-00

In perfect harmony with the surrounding landscape and the sea, the Real Spa Marine is a sanctuary for mind, body and spirit. We have created a luxurious, charming retreat combining the effectiveness of pure seawater, the sensuousness of aromatherapy and the opulence of a state-of-the-art spa. The Real Spa Marine features 1,000 square meters and is fully supported by trained staff.



THE REAL SPA MARINE

HOTEL INFORMATION

102 rooms, nine junior suites, ten suites and three penthouse suites
30 kilometers from Lisbon International Airport

SIGNATURE TREATMENT

Real Villa Italia Massage—using only natural products, begins with a foot cleansing and exfoliation, followed by a complete body massage with heated essential oils and natural products to promote total relaxation

SPA PRODUCTS

Phytomer



VIDAGO PALACE

Parque de Vidago, Apartado 16, 5425-307 Vidago, Portugal | T: (351-276) 990-900

As if bathed in the revitalizing water of the town of Vidago's underground springs, this 1910 palace is enjoying a grand renaissance. The spa building is set among 40 acres of fragrant cedar, pine and holly trees. Drawing on the therapeutic and curative water collected from the marble wells, the spa offers 20 treatment rooms, including five hydro-rooms and couples suites, steam room, sauna, and a fully equipped gym. There are also indoor and outdoor swimming pools, a children's pool, and vitality pool. An 18-hole golf course designed by Cameron & Powell for those seeking a challenging course. The Vidago SPA offers medical programs fitting the needs of each individual under supervision of our medical staff oriented to skin pathologies, digestive system, respiratory system, nervous system, osteopathies, purifying, and weight control.

VIDAGO PALACE SPA

HOTEL INFORMATION

60 rooms and 10 suites
75 minutes from Oporto Airport and four hours scenic drive from Lisbon Airport

SIGNATURE TREATMENT

The Ultimate Vidago Experience—Vidago water bath with the aromas of lavender and rosemary, followed by an 80-minute de-stressing massage, and a rejuvenating facial. Finishes with one of Chef's creative dishes at the Spa Lounge.

SPA PRODUCTS

Vidago Thermal Water; Clarins; Aromatherapy Associates



LA RESIDENCIA

Son Cannals sn, Deià, 07179 Mallorca, Spain | T: (34-971) 636-046

The Spa at La Residencia is built within stone-clad walls overlooking the village of Deià, with a backdrop of mountains and the sea. La Residencia is in the heart of the Tramuntana mountains in a UNESCO natural heritage site where the land and its produce are priority. Using the hotel's own extra virgin olive oil, and lemon and orange essential oils, the Citrus Siesta signature treatment ensures total relaxation. Other signature treatments are the Citrus Drench and the Olive Activator. Pampering the body and spirit are taken to a different level with consultations such as Aura-Soma, Cranio-sacral therapy, or Bodytalk, given by specially trained staff. After your treatment, stroll along the mountain path and to see the friendly hotel donkeys who wander freely on the hotel's mountainside—they also enjoy the fantastic sea views!



LA RESIDENCIA SPA & BEAUTY

HOTEL INFORMATION

36 rooms and 31 suites
35 kilometers from Son San Juan Airport

SIGNATURE TREATMENT

Citrus Siesta—a full-body exfoliation using a blend of olive oil and crushed olive pits followed by a massage with citrus oils

Olive Activator—a body massage using local olive oil, stimulates the lymphatic system and eliminates toxins

SPA PRODUCTS

Natura Bissé, Guinot, Aromatherapy Associates, OPI



MARBELLA CLUB HOTEL GOLF RESORT & SPA

Bulevar Príncipe Alfonso von Hohenlohe, s/n, 29600 Marbella (Málaga), Spain | T: (34-95) 282-2211

In 1947, Prince Alfonso von Hohenlohe's family acquired an old farm situated on the coast of Marbella. In 1954, thanks to the effort and determination of the Prince, the Marbella Club beach resort first opened its doors. There were ten rooms in one wing, eight in the other, another room in the tower with a suite next to it, and a sitting room, dining room and bar located in the old converted farmhouse. As the number of visitors to the 'finca' grew, so did the property, and eventually the Prince was able to make his dream come true, transforming his private residence into an exclusive Marbella club. A natural outgrowth of this vision, The Marbella Club Thalasso Spa has developed into one of the finest in the area, basing its treatments on a combination of sea water, seaweed and heat, to create treatments for stress reduction, improving circulation, boosting the immune system and relaxing muscular tension.

MARBELLA CLUB THALASSO SPA

HOTEL INFORMATION

84 rooms, 37 suites and 14 villas with private pools
40 minutes from Málaga Airport

SIGNATURE TREATMENT

MC Thalasso Sea Creation—a rejuvenating facial including deep-sea elements and an exquisite seashell massage

SPA PRODUCTS

Babor, Morjana, Thalion



GRAND HÔTEL STOCKHOLM

S. Blasieholmshamnen 8, SE-103 27 Stockholm, Sweden | T: (46-8) 679-3500

Grand Hôtel Stockholm is located on the waterfront, overlooking the Royal Palace and the Old Town, and the only hotel in Sweden with a restaurant boasting two *Michelin* stars. In November 2009, the hotel opened its spa in partnership with Raison d'Étre, one of the world's leading spa development and management consultancies. Proximity to the sea, nature and the Stockholm archipelago is the inspiration behind a spa far from the ordinary. Relax in a sauna and take a refreshing dip, just like in the archipelago. Feel tranquility in the beautiful, late-summer warm pool. Access is complimentary to all hotel guests.



GRAND HÔTEL NORDIC SPA & FITNESS

HOTEL INFORMATION

300 rooms and 31 suites
40 minutes from Arlanda Airport

SIGNATURE TREATMENT

Nordic Massage—oil-free massage awakens, stretches and lengthens every muscle, as you lie swathed in soft pyjamas
Arctic Detox Massage—heated pillows warm joints, allowing bones to re-align
Total Relaxation—Soothing massage using a hot birch pack, yarrow and Roman chamomile butter, accompanied by soothing music

SPA PRODUCTS

Organic Pharmacy, Raison d'Étre by Ingrid K



TSCHUGGEN GRAND HOTEL

Sonnenbergstrasse CH-7050 Arosa, Switzerland | T: (41-81) 378-9999

Designed by Swiss architect Mario Botta, the Tschuggen Bergoase facility next to the Tschuggen Grand Hotel rises from an open space at the foot of the mountains. Artfully constructed to allow the functional areas to disappear into the mountain, the spa is visually striking for the distinctive structures rising above. Echoing the leaves and trees of the surrounding landscape, the soaring skylights channel daylight into the underground premises, while by night they shine forth into the village. The materials used in the 5,000-square meter spa, which spans four floors, include Duke White granite stone from the Alps, Arosa rock, and Canadian maple, while the light sails and connecting bridge are made of glass.

TSCHUGGEN BERGOASE SPA

HOTEL INFORMATION

98 rooms, 22 junior suites and 10 suites
170 kilometers from Zurich International Airport

SIGNATURE TREATMENT

Tschuggen Massage - this exclusive experience incorporates five different techniques in one relaxing massage treatment

SPA PRODUCTS

Comfort Zone, Sensai, Clarins, Dermalogica



GRAND RESORT BAD RAGAZ

CH-7310 Bad Ragaz, Switzerland | T: (41-81) 303-30-30

Experience pure well-being at the Grand Resort Bad Ragaz, one of the largest spas in Europe. The Bad Ragaz thermal water's soothing powers meet every guest's needs at our 36.5° Wellbeing & Thermal Spa. Everything flows and nothing remains, apart from the constant change and ongoing transformation, which can be felt and experienced in the eternal cycle of 36.5°C and the seven sources of comprehensive well-being. Leave your everyday life behind and immerse yourself through holistic well-being, drawn from the seven sources.

36.5° WELLBEING & THERMAL SPA

HOTEL INFORMATION

Hotels—106 rooms, 183 suites, 56 spa suites and lofts
Medical Health Center—9 departments, 30 specialists and therapists

SIGNATURE TREATMENT

7 Sources of Wellbeing—Energy & Earthing, Rhythm & Flow, Cleanliness & Clarity, Relaxation & Balance, Inspiration & Vitality, Beauty & Care, Movement & Training

SPA PRODUCTS

La Prairie, Sisley, Sensai Kanebo, Carita, Ericson, Niance





HOTEL SCHWEIZERHOF BERN

Bahnhofplatz 11, Bern, 3001, Switzerland | T: (41-31) 326-80-80

The Hotel Schweizerhof Bern has recently been totally renovated to become the only luxury hotel spa in Bern—a 5,300 square-foot Urban Spa featuring treatments using the ultra-luxurious French Sothys beauty products. Facilities include five beauty and treatment rooms, a superb indulgence pool, Finnish sauna, Hammam, massage-shower, fitness facilities, stunning relaxation area with waterbed lounges and top-of-the-line changing rooms. After a most relaxing treatment, guests may opt to sip Champagne in the hotel's buzzing Lobby-Lounge or during summer months, visit the hotel's rooftop sky terrace.



URBAN SPA

HOTEL INFORMATION

94 rooms and five suites

Next to the main railway station with connections to Zurich International Airport

SIGNATURE TREATMENT

Hanakasumi—a unique treatment of Japanese inspiration. A peeling with exfoliating gloves, relaxing modeling of the entire body and specific modeling of the feet in a nourishing, delicately perfumed ritual. Cherry blossom and lotus sensorial escape, soft and powdery

SPA PRODUCTS

Sothys Paris

WALDHAUS GRAND HOTEL & SPA

Via dil Parc 3, CH-7018 Flims, Switzerland | T: (41-81) 928-48-48

The Waldhaus Grand Hotel & Spa is a unique resort, set in the largest private hotel park in Switzerland, in the middle of the majestic mountain landscape of Flims-Laax. The 2,500-square-meter spa offers an indoor and heated outdoor pool, a natural garden pool, fitness club and gym with daily delight workouts, three sauna areas, a separate ladies' sauna, steam bath, and 12 beauty and body treatment rooms, two couple's treatment rooms and Hammam massage rooms. The hotel recently added two 250-square-meter sized Private Spas with a set of hot and cold experiences, a salt light-cube with oxygen/sole inhalation, a private heated pool and an outside lounge area; as well as a design floating suite, with flotation tub, rain shower, mood lighting and infra-red panels. All winter sports in one of the most extensive connected snow resorts in the Alps, nine nearby golf courses, outdoor tennis courts, new curling hall, and hiking/biking trails will complement your visit to Flims.



DELIGHT SPA & BEAUTY

HOTEL INFORMATION

59 rooms and 18 junior suites/suites
150 kilometers from Zurich International Airport

SIGNATURE TREATMENT

LaCauma Spa Treatment—includes a foot bath, mud wrap, aroma oil bath and signature hot stone massage
Flims Crystal Therapy—body and mind ritual and massage with regional crystals to be experienced at our Private Spas

SPA PRODUCTS

Maria Galland, Ligne St. Barth, Cellcosmet



LA RÉSERVE GENÈVE HOTEL & SPA

301 Route de Lausanne, 1293 Geneve-Bellevue, Switzerland | T: (41-22) 9595959

On the crystalline shores of Lake Geneva, La Réserve has reawakened in beauty, thanks to the superb talent of celebrated designer, Jacques Garcia. A summit of well-being, the 2,000-square-meter La Réserve Spa offers a luxurious getaway for those seeking elegance, indulgence and well-being with its 17 treatment rooms, entirely renovated, fully equipped fitness center (Kinesis and Technogym), tennis courts, indoor and outdoor pools, sauna, steam bath, hair salon, supervised nursery, and a comprehensive customized Better Aging Program of 4, 7 or 14 days to improve your quality of life with a team of specialists (doctor, osteopath, dietician, experimented therapists). Discover state-of-the-art health and fitness solutions for age prevention, weight management, relaxation and more. La Prairie products and treatments are available.

LA RÉSERVE SPA

HOTEL INFORMATION

85 rooms and 17 suites
Three kilometers from Geneva International Airport
Ten-acre park

SIGNATURE TREATMENT

La Reserve Better Aging Body Massage—helps the body eliminate blockages and tensions, and helps cellular regeneration

La Réserve Better-Aging Face Massage—helps stimulate circulation and effective facial drainage while activating production of collagen and elastin

SPA PRODUCTS

La Prairie, Serge Lutens, Nescens



GSTAAD PALACE

3780 Gstaad, Switzerland | T: (41-33) 748-50-00

The Palace Spa features authentic décor and ambiance which radiate a magical charm. Its 1,800-square-meter facilities include eight treatment rooms, a private spa suite, saunas and steam baths, relaxation areas with Swiss-style fireplace, an indoor swimming pool and outdoor pool with Jacuzzi, a gym and a Pilates studio overlooking stunning views. To enhance a mountain feeling at the spa, an imposing 60-meter-long granite wall using 50 tons of rock from the Blausee region was cut and painstakingly constructed.



PALACE SPA

HOTEL INFORMATION

74 rooms, 19 junior suites, four suites, two Tower suites, one Penthouse suite
One hour from Berne Airport
Two hours from Geneva International Airport
Two and half hours from Zurich International Airport

SIGNATURE TREATMENT

Two-hour Hamman ritual begins with a foot bath, followed by a soap scrub and foam body massage, steam bath and a dip in the floating pool, and ends with a hydrating oil massage in front of a fireplace.

SPA PRODUCTS

Sisley, Cinq Mondes, L'Raphael, Jardin des Monts



VICTORIA-JUNGFRAU GRAND HOTEL & SPA

CH-3800 Interlaken, Switzerland | T: (41-33) 828-28-28

The luxurious Victoria-Jungfrau Spa opens up a new world of wellness and well-being, combining health, beauty and relaxation on the same premises. In addition to wellness treatments at the ESPA Spa and the unique SENSAI SELECT SPA, the Victoria-Jungfrau Spa also offers comprehensive fitness and health club facilities, beauty treatments and an award-winning hairdressing salon. At the spa's heart is the stunning swimming pool, its impressive architecture reminiscent of the bathing tradition established by the Romans. Other facilities include whirlpools with panoramic views, a steam bath, Finnish and Bio saunas, solariums and relaxation areas. From its generous conference space and luxurious accommodations, to the selection of extraordinary restaurants: La Terrasse, La Pastateca and Jungfrau Brasserie, the hotel delights visitors from around the world.

SENSAI SELECT SPA & ESPA

HOTEL INFORMATION

122 rooms and 102 suites
Two hours from Zurich and 2.5 hours from Geneva International Airport by train

SIGNATURE TREATMENT

Hot Stone Back, Face & Scalp Treatment—a foot ritual, back exfoliation and hot stone back massage, facial, scalp massage by ESPA for 120 minutes
Indulgence in Silk by SENSAI—a silk bath, body peeling, back and full body massage, facial treatments, décolleté and head massage

SPA PRODUCTS

ESPA, SENSAI Premier



BEAU-RIVAGE PALACE

CH-1000 Lausanne 6, Switzerland | T: (41-21) 613-3333

The Cinq Mondes Spa offers healing, deep relaxation, and features eight treatment rooms, a spa suite including a private Hammam and garden, along with a hair spa. This place of well-being has gathered together a marvelous array of truly authentic and traditional treatments of the very highest quality from around the world. Cinq Mondes treatments were designed to repair the damage from the stress of contemporary life and offer a range of treatments from across the globe, in unique venues that promote calm and serenity. The concept of Beauty Rituals from around the world provides great relaxation and the opportunity to find a new source of energy. The sense of design behind the spa is unparalleled: vast rooms, simple, functional, pure in line and space, the use of natural materials. Large bay windows offer views on the manicured gardens and the lake and the Alps.



CINQ MONDES SPA

HOTEL INFORMATION

137 rooms and 31 suites
40 minutes from Geneva International Airport
Five minutes from rail station

SIGNATURE TREATMENT

Sublime Ritual from Polynesia: Combines a 20-minute Hammam or Japanese Bath, 20-minute Sublime Scrub with Monoï Noni, and a 50-minutes Sublime Massage from Polynesia, offering total relaxation, regenerating and perfuming the skin

SPA PRODUCTS

Cinq Mondes



LAUSANNE PALACE & SPA

7-9, rue du Grand-Chêne, 1002 Lausanne, Switzerland | T: (41-21) 331-3161

Only the Lausanne Palace & Spa could create a sanctuary combining holistic methods and advanced technology in health, beauty, hair and nutrition in its CBE Concept Spa. Dedicated to total well-being and relaxation, this comprehensive spa offers a range of treatments, anti-aging programs and medical aesthetics, as well as products by Aveda, Phyto5 and marocMaroc. In the Private Club, hotel guests and club members can enjoy a fully equipped fitness room, indoor pool, sauna, steam, and Silent Duvet Room. The Window Club, a 600-square-meter extension of the spa includes a Spa Suite, the Yogi Booster spa bar and lounge, sports and fully equipped Pilates studios, a Kids Corner and the Hair Spa by Aveda, with exclusive capillary care treatments, a hairdressing salon and barber service.



CBE CONCEPT SPA

HOTEL INFORMATION

115 rooms and 31 suites
40 minutes from Geneva International Airport

SIGNATURE TREATMENT

Abyanga and Shirodhara Ritual is a healing and detoxifying Ayurvedic treatment using warm sesame oil to stimulate and balance the body's seven Chakras
Spa Suite ritual, L'Or dans l'Eau, by marocMaroc is a luxury ritual for two

SPA PRODUCTS

Aveda, Phyto5, marocMaroc

PALACE LUZERN

Haldenstrasse 10, CH-6002 Lucerne, Switzerland | T: (41-41) 416-1616

Find the all-important inner equilibrium between body and soul at the Palace Spa—a luxury well-being oasis at the Palace Luzern. Allow our expert therapists to pamper your body with an exclusive range of treatments and discover immeasurable peace and relaxation. We offer the exclusive Luxury Facial treatments by Niance. Spread across 800 square meters, we provide comprehensive holistic treatments, a relaxation and fitness area with state-of-the-art equipment. Our unique Private Spa ensures romantic moments of utter well-being.



PALACE SPA

HOTEL INFORMATION

73 rooms and 57 suites
One hour from Zurich International Airport

SIGNATURE TREATMENT

Palace Massage—Soft to medium pressure full-body massage for a deep relaxation of body and mind with long strokes that promote the blood circulation. Aromatherapy oils

SPA PRODUCTS

Niance



LE MIRADOR KEMPINSKI

Chemin de l'hotel du Mirador 5, 1801 Mont-Pèlerin, Switzerland | T: (41-21) 925-1111

Le Mirador Kempinski with its Givenchy Spa features a very exclusive and private place where guests can spoil all their senses in the exclusive renovated wellness area. To assist in setting up muscular and cardiovascular programs, a fitness area features 30 state-of-the-art machines from the wellness system basic with trainer software. The spa includes separate wet lounges for ladies and gentlemen with sauna, Hammam, relaxation lounge and a panoramic heated indoor pool. The Givenchy Spa offers specific signature treatments including massages, body, skin care, beauty treatments and a spectacular Day Spa Suite.



THE GIVENCHY SPA

HOTEL INFORMATION

67 junior suites and suites, including 10 luxury suites and 1 day spa suite
50 minutes from Geneva International Airport

SIGNATURE TREATMENT

Soin Noir—Complete Beauty Renewal—skincare treatment using an exclusive cream formulated by Givenchy
Orient-Occident Fusion Massage—combining Thai, Shiatsu and Swedish techniques

SPA PRODUCTS

Givenchy Cosmetics, Make-up and Perfumes

FAIRMONT LE MONTREUX PALACE

100 Grand Rue, CH-1820 Montreux, Switzerland | T: (41-21) 962-1212

Situated on the fabled shores of Lake Geneva, with breathtaking views of the Alps, Fairmont Le Montreux Palace is a jewel of Belle Epoque architecture. In a location that inspires healthy living and a love of the outdoors, this premier palace hotel offers an exceptional wellness center. The Willow Stream, a Fairmont Spa, is a paradise of well-being and regeneration for your body with yoga sessions, a fitness course, Hammam, along with indoor and outdoor swimming pools.



WILLOW STREAM, A FAIRMONT SPA

HOTEL INFORMATION

185 rooms and 51 junior suites and suites
50 minutes from Geneva International Airport

SIGNATURE TREATMENT

Jewel of Switzerland—Begins with a back cleanse and exfoliation, followed by a lavender-oil back massage. Continues with a hydrating facial and lavender scalp pressure-point massage

SPA PRODUCTS

Kerstin Florian, Willow Stream



CARLTON HOTEL

Via Johannes Badrutt 11, CH-7500 St. Moritz, Switzerland | T: (41-81) 836-7000

Created with the greatest attention to detail by interior designer Carlo Rampazzi, the Carlton Spa is the ultimate indulgent wellness area. Featuring six treatment rooms and one exclusive spa suite, the 1,200-square-meter spa has breathtaking panoramic views of the Alps. At its center is a beautiful indoor and a heated outdoor swimming pool. The spa also offers sauna and steam baths, a caldarium, a Finnish sauna and a ladies-only sauna. The Carlton Spa offers a variety of personalized treatments, including Ayurvedic treatments, Comfort Zone body treatments and SENSAI “Harmonizing & Care” facials. Indulge in the ultimate Gold Temptation—The Golden Symphony of the Senses, an incomparably luxurious gold bath, enriched with 23-carat gold leaf or 23-carat platinum gold.



CARLTON SPA

HOTEL INFORMATION

60 junior suites and suites
215 kilometers from Zurich International Airport

SIGNATURE TREATMENT

Carlton Massage—an exclusive experience that combines five different treatments in one exceptional massage to promote total relaxation

SPA PRODUCTS

Sensai, Comfort Zone, OPI, La Biosthetique

HÔTEL DES TROIS COURONNES & DESTINATION SPA

49 Rue d'Italie, CH-1800 Vevey, Switzerland | T: (41-21) 923-32-00

At PuresSENS Destination Spa, a wide range of treatments is offered using the finest products and the latest technologies in one of the most beautiful and intimate settings. The Spa features an indoor swimming pool with underwater music, Jacuzzi, steam room, sauna, baroque-style fitness room, gym, massage and beauty center, relaxation room and a terrace with extraordinary views on the Alps and Lake Geneva. Exclusive Joëlle Ciocco scientific skincare products and treatments are available. The PuresSENS Destination Spa offers several personalized cures: Pure Beauty, Pure Weight Control, Pure Well-Being Detox and Pure Energy, based on three pillars: body, mind and nutrition.

PURESSENS DESTINATION SPA

HOTEL INFORMATION

46 rooms, 16 suites and 9 junior suites
45 minutes from Geneva International Airport

SIGNATURE TREATMENT

Radio Frequency—this exclusive Joëlle Ciocco technique uses low and medium frequencies to restructure skin and stimulate collagen production

SPA PRODUCTS

Joëlle Ciocco (exclusive in Switzerland), By Terry



CHALET ROYALP HÔTEL & SPA

Domaine de Rochegrise, 1884 Villars-sur-Ollon, Switzerland | T: (41-24) 495-9090

Exceptionally located, the Chalet RoyAlp Hôtel & Spa is the first five-star hotel in Villars, boasting direct access to the slopes in winter and golfing in summer. The Chalet combines Alpine-style interiors and a modern atmosphere with inimitable views of the Swiss and French Alps. The Spa by RoyAlp provides guests a unique atmosphere of relaxation. For an unforgettable spa experience, you will enjoy a wide selection of aesthetic, body treatments and massages. The spa offers an indoor swimming pool with natural daylight, and an open fireplace, Jacuzzi, sauna, steam room, multi-sensory showers and 24-hour fitness room, as well as a relaxation area and an intimate spa suite to pamper yourself.



THE SPA BY ROYALP

HOTEL INFORMATION

63 rooms and suites, 30 apartments
1.2 hours from Geneva Airport
Three hours from Zurich Airport

SIGNATURE TREATMENT

Swiss CellFacial Revitalizing Anti-Age de Luxe—a unique 120-minute treatment
Just Relax Massage—60 minutes

SPA PRODUCTS

Cellcosmet, Pure Altitude, OPI

MONT CERVIN PALACE

Bahnhofstrasse 31, Zermatt 3920, Switzerland | T: (41-27) 966-88-88

Nestled in the car-free alpine village of Zermatt, at the foot of the world-famous Matterhorn, the traditional and elegant Mont Cervin Palace has welcomed guests from all over the world for more than 150 years. You can find well-being and relaxation in the pool and the 1,700-square-meter wellness and spa area. The treatments at the MCP Beauty Spa are a guarantee of beauty and comfort. We use Swiss alpine herbs and oils for body treatments and the exclusive product line of Sensai for beauty treatments. The fresh and pure mountain air ensures an extra added value for your well-being.



MCP BEAUTY SPA

HOTEL INFORMATION

150 rooms, junior suites and suites
Three hours from Geneva, Zurich and Milano International Airports

SIGNATURE TREATMENT

MCP Treatment—Goat's milk and local Alpine herbs moisturize your skin with a protective and calming effect. Alpine herb body peeling and herbal goat's milk body pack, followed by goat's milk cream massage

SPA PRODUCTS

Sensai, The Organic Pharmacy, OPI



THE DOLDER GRAND

Kurhausstrasse 65, 8032 Zurich, Switzerland | T: (41-44) 456-60-00

European and Japanese influences have shaped this unique, 4,000-square-meter complex. It is comprised of separate ladies' and gentlemen's spas, a workout area, treatment rooms and two spa suites for exclusive private relaxation. The Aqua Zone offers a spacious swimming pool with panoramic view, indoor and outdoor whirlpools, sanarium and steam baths, and a Snowparadise for cooling down. Heated pebbles in the sunaburo provide relaxation in the Japanese tradition. Guests can enjoy the peace and quiet of the chill-out and relaxation areas, or the serenity of the meditation space with its mosaic cupola. Children must be at least 12 years of age for admission to the spa.



DOLDER GRAND SPA

HOTEL INFORMATION

114 room and 59 junior suites and suites
20 minutes from Zurich International Airport
Six minutes by car from the city center

SIGNATURE TREATMENT

Bamboo Shiatsu—a rhythmic tapping with bamboo, combined with a gentle, intensive massage along the energy centers to relieve stress and generate well-being and energy

SPA PRODUCTS

La Prairie, Kerstin Florian, Amala, Horst Kirchberger

SWISSÔTEL THE BOSPHORUS, ISTANBUL

Maçka Bayıldım Street No. 2, Beşiktaş, 34357 Istanbul, Turkey | T: (90-212) 326-1100

Holistic spa treatments from all over the world are administered in a technologically sophisticated 4,000-square-meter oasis of relaxation and rejuvenation. Within these peaceful surroundings guests can enjoy facials, massages, scrubs and wraps, Shiatsu, Thai massage, Ayurvedic therapies, Kneipp walks, ice rooms, treatments for men, hand and foot care, anti-aging procedures and hydrotherapy. And true to its destination, the spa offers three Hammams where guests can experience this unique centuries-old Turkish therapy. There are 14 different therapy rooms, as well as a spa suite and a couple's treatment room for those who want to extend their treatment into a romantic getaway.



AMRITA SPA & WELLNESS

HOTEL INFORMATION

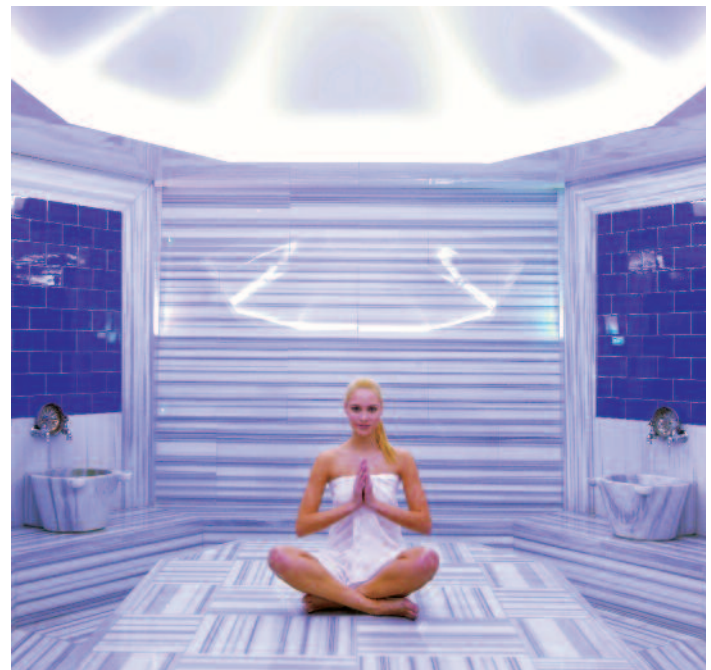
474 rooms and 23 suites
30 minutes from Atatürk International Airport

SIGNATURE TREATMENT

Turkish Hammam—Partake in this Ottoman tradition of cleansing your skin. Using a kese, dead skin cells get scrubbed away allowing your skin to breath again. This permits the blood circulation in your body to improve and is followed by a soap massage from head to toe under a pleasant-smelling cloud of leather.

SPA PRODUCTS

Aromatherapy Associates, Cinq Mondes





THE GROVE

Chandler's Cross, Hertfordshire, WD3 4TG, England | T: (44-1923) 294-294

The strikingly contemporary Sequoia Spa, with 13 treatment rooms including one double, offers the ultimate in relaxation and personal attention in a discreet and stylish environment. The lavish décor mirrors that of the hotel and is on display throughout this award-winning spa, from the 22-meter black mosaic pool with poolside Jacuzzi and steam room, to the aubergine velvet bedecked relaxation suite. Offering a range of treatments including Ayurvedic-influenced treatments designed and created by ESPA, this magnificent spa provides the perfect destination to escape, relax and rejuvenate.



SEQUOIA SPA

HOTEL INFORMATION

205 rooms and 12 suites
20 miles from Heathrow International Airport

SIGNATURE TREATMENT

Sequoia Rose Ritual—A deeply restoring treatment to feel completely rejuvenated, inspired by The Grove's exquisite Walled Garden

SPA PRODUCTS

ESPA, Jessica, and Mii

OLD COURSE HOTEL, GOLF RESORT & SPA

St. Andrews, Kingdom of Fife, KY16 9SP, Scotland | T: (44-1334) 474371

Experience the therapeutic benefits of water at Kohler Waters Spa, where remineralizing experiences recreate the healing properties of earth's natural mineral-rich waters. With 11 treatment rooms the spa features a 20-meter swimming pool with waterfall, thermal suite with hydrotherapy pool, plunge pool, Japanese steam room, sauna and a fabulous rooftop hot tub. Treatments include results-driven facials and wonderful bathing therapies such as chromatherapy baths and Vichy hydro massage. The Kohler Waters Spa experience transports you to a sanctuary of relaxation, balance and rejuvenation.



KOHLER WATERS SPA

HOTEL INFORMATION

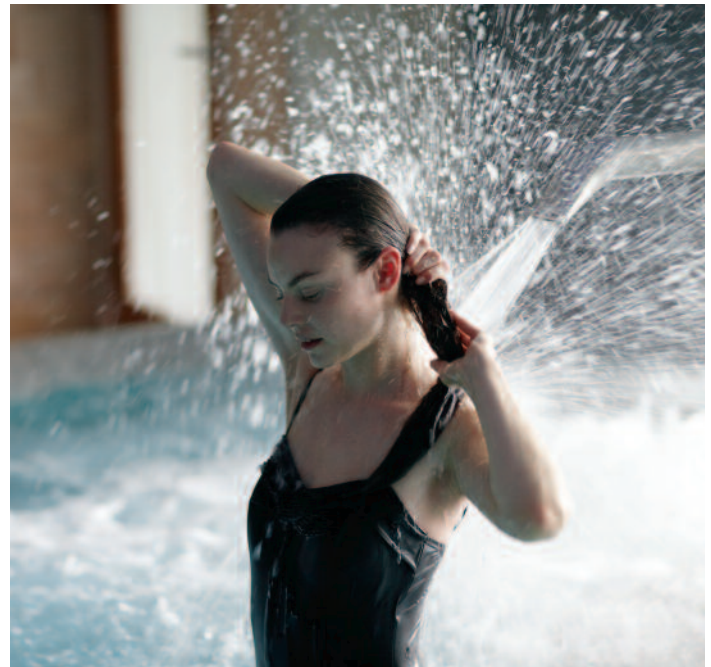
109 rooms and 35 suites
60 minutes from Edinburgh International Airport

SIGNATURE TREATMENT

Highland Fling—Vichy shower combined with buckets of warm water to drench the body, coffee-granule exfoliant mixed with mint oil and chocolate body butter

SPA PRODUCTS

Carita, Skin Authority, Kohler Waters Spa





LA RÉSIDENCE DES CASCADES

48 Km. Safaga Road, Soma Bay, Red Sea, Egypt | T: (20-65) 356-2600

At the highest point of the Soma Bay Peninsula, La Résidence des Cascades is located at the heart of the legendary Cascades Golf Course, designed by Gary Player. The panoramic views of the sea entice one to retire after enjoying the ultimate in spa pampering. The resort's Holistic Spa and Thalasso Center, Les Thermes Marins des Cascades, is one of the largest and best in the world. Its facilities extend over more than 4,800-square-meters and include 65 treatment rooms and a 750-square-meter aquatonic pool, fitness and nutrition programs, a variety of hydrotherapies, in addition to seaweed wraps, underwater massages, "sea mist" room, beauty care, Thai and Balinese massage, Mesotherapy, Medispa and post-natal recuperation programs.

LES THERMES MARINS DES CASCADES

HOTEL INFORMATION

211 rooms and 39 suites
28 miles from from Hurghada International Airport

SIGNATURE TREATMENT

Royal Thai Massage—a footbath with marine salts and essential oils followed by Thai massage

SPA PRODUCTS

Saint Malo de France

ONE&ONLY THE PALM

West Crescent, Palm Jumeirah, Dubai, 37252 United Arab Emirates | T: (971-4) 440-1040

One&Only Private Spa, The Palm, has a team of ESPA therapists who can help counter the stress of life and guide guests into harmonious balance. Eight individual suites, each connected by beautiful pathways, have their own private facilities, including showers, steam rooms, relaxation and private treatment areas, while the Couple Suite offers a private Rhassoul experience—a traditional cleansing ritual—for two. Fully contained, it features double scrub room and shower, water jets, two separate soaking baths, two treatment beds, and a private relaxation area. Facials, body treatments, remedial massage and lifestyle packages are tailored for each guest. Furthermore, the Spa features Pedi:Mani:Cure Studio by renowned Bastien Gonzalez; Ladies and gents hair salon by Alexandre Zouari, and a relaxing lap pool.



ONE&ONLY PRIVATE SPA, THE PALM

HOTEL INFORMATION

64 rooms, 27 suites and 4 villas
35 kilometers from the Dubai International Airport

SIGNATURE TREATMENT

One&Only Rhassoul Experience—this sea salt exfoliation with nourishing mud application, Rhassoul steam and cascade rinse is followed by a therapeutic bath

SPA PRODUCTS

ESPA, Bastien Gonzalez



RESIDENCE & SPA AT ONE&ONLY ROYAL MIRAGE

Al Sufouh Road, Jumeriah Beach, Dubai, United Arab Emirates | T: (971-4) 399-99-99

Within the elegant entrance courtyard of the legendary Residence & Spa, the Health & Beauty Institute welcomes visitors seeking relaxation, serenity and wellness. Reminiscent of the great buildings of the region, architectural details such as towering domes, carved archways and intricate designs impart a ceremonial aspect to the treatments available. This 2,000-square-meter free-standing temple of well-being is divided over two levels, including the One&Only Spa, a traditional Oriental Hammam, a spacious fitness center, and the Alexandre Zouari Hair Salon, all dedicated to nurturing and the pursuit of well-being.



ONE&ONLY SPA

HOTEL INFORMATION

28 rooms, 20 suites, and 1 villa
30 minutes from Dubai International Airport

SIGNATURE TREATMENT

One&Only Spa Experience—a sequence of body treatments including, full body exfoliation, total body wrap, head massage and full-body Aromatherapy massage

SPA PRODUCTS

ESPA



SHANTI MAURICE – A NIRA RESORT

Riviere des Galets, Chemin Grenier, Mauritius | T: (230) 603-7200

One of the most spacious spas in the Indian ocean—with 75,000 square feet—Nira Spa combines age-old Ayurvedic regimes with contemporary international treatments. Spa therapists work with personal trainers, yoga masters and Ayurvedic physicians to encourage optimum health, mental well-being, revitalized senses, and spiritual awakening. Together, the healing effect is total and the harmony between inner and outer self is complete. Nira Spa features Africology, an ethical and natural spa range using African botanicals leading to an experience designed to go well beyond mere physical rejuvenation to include all the elements of holistic and stress-free living. Feel total renewal and rediscover tranquility through the nurturing touch of our therapies.



NIRA SPA AT SHANTI MAURICE

HOTEL INFORMATION

44 junior suites and 17 pool villas
45 kilometers from airport

SIGNATURE TREATMENT

Sega Ritual—a full-body anti-aging celebration performed on the beach using organic sugar to exfoliate the skin followed by a massage with a body glow conditioning body oil and frangipani balm

SPA PRODUCTS

Africology, and traditional Ayurvedic medicinal herbs and oils





ROYAL PALM HOTEL

Grand Baie, Mauritius, Indian Ocean | T: (230) 209-8300

Proclaiming a promise of lavish pampering, a grand entrance leads into the heart of the Royal Palm Spa. In this exceptional setting which redefines space and elegance, enjoy the expertise and experience of Clarins to rejuvenate your body and soothe your mind, or indulge in one of Royal Palm's signature treatments. A tranquil sanctuary for quiet relaxation is centered on a free-flowing, cascading pool. Indoor and outdoor treatment rooms and pavilions are surrounded by lush tropical plants, creating the perfect setting in which to indulge yourself. Achieve peace and a balanced, serene spirit as your entire body submits to total relaxation.

ROYAL PALM SPA BY CLARINS

HOTEL INFORMATION

84 suites
75 kilometers from airport

SIGNATURE TREATMENT

Royal Palm Massage—a treatment using effleurage and acupressure, with oils of ylang-ylang and mint to loosen tense muscles, and orange and lavender extracts to provide a sense of well-being

SPA PRODUCTS

Clarins

LE TOUESSROK

Trou d'Eau Douce, Mauritius | T: (230) 402-7400

Le Givenchy Spa is a temple dedicated to beauty, health and serenity. Even spa novices will feel completely at ease with the highly competent therapists who have been selected and trained to meet Givenchy standards. Lie back and allow yourself to be spoiled and pampered as your chosen treatment unfolds. When it is finished, your therapist will accompany you to the relaxing room for refreshments and advice on further treatment or skin care. Treatments include Canyon Love Stone Therapy, Lomi Lomi and the four-hands Ylang-Ylang Massage, as well as Exclusif Touessrok, a traditional treatment created to celebrate Le Touessrok's 30th anniversary.



LE GIVENCHY SPA

HOTEL INFORMATION

68 deluxe rooms, 125 junior suites, 6 Ocean Suites, 1 Royal suite and 3 private villas

SIGNATURE TREATMENT

No Surgetics Plasti Sculpt—a treatment to firm up, tone and develop the facial muscles and reduce the deposits of fatty cells which change the contours of the face

SPA PRODUCTS

Givenchy



MARADIVA VILLAS RESORT & SPA

Wolmar, Mauritius | T: (230) 403-1500

The Maradiva Spa, a unique concept, has brought together the wisdom and heritage of the Asian philosophies of wellness and well-being. Divinity from which the name Diva has come. The place for physical mental and spiritual well-being, to achieve this, spa focused on holistic and healing approach. We offer yoga and meditation mastered by accomplished practitioners, authentic Ayurveda treatments, and exclusive signature services. Royal traditions of wellness, holistic treatments involving body therapies, reviving and meaningful rituals and ceremonies, and unique natural products blended by hand come together to offer a truly calming experience.



MARADIVA SPA

HOTEL INFORMATION

6 garden suite villas, 43 luxury suite villas, 8 beachfront luxury suite villas,
6 exclusive suite villas and 2 presidential suite villas
55 kilometers from Sir Seewoosagur Ramgoolam International Airport

SIGNATURE TREATMENT

Tejas—deep massage followed by a steaming poultice wrap
Abhyanga—Snānā, steam herbal oil massage
Satvica—Relaxing, healing massage with chakra balancing

SPA PRODUCTS

Natural products

CONSTANCE LEMURIA

Anse Kerlan, Praslin, Seychelles | T: (248) 4281-281

Set in the luscious greenery of swaying palm trees and bamboo, the beautiful palm-thatched Spa de Constance is a tranquil haven where guests come to indulge both body and mind. Based on the healing traditions of the Seychelles but incorporating techniques from around the globe, the spa offers a full range of treatments including Swedish massage, hydrotherapy and Indian Ayurvedic. Shiseido treatments enable guests to pamper their skin and senses with luxury skincare products, or enjoy the famous Shiseido's Qi method with hot oshiboris (towels). Guests may experience the beauty of the Seychelles and receive treatments in a stunning location outside the spa pavilion.



SPA DE CONSTANCE

HOTEL INFORMATION

96 suites and 9 villas
Regional Praslin Airport is just five minutes away

SIGNATURE TREATMENT

Shiseido's Japanese Beauty Paradise—after a Japanese foot ritual, an invigorating back scrub is combined with gentle steam. A deep and unwinding massage will follow; finally, the ritual concludes with a 75-minute Qi facial treatment

SPA PRODUCTS

Shiseido



12 APOSTLES HOTEL AND SPA

Victoria Road, Camps Bay, Cape Town 8040, South Africa | T: (27-21) 437-9060

Where earth, sea and sky meet, discover sublime rejuvenation at the luxurious 12 Apostles Hotel and Spa in glorious Cape Town, South Africa. Poised above the Atlantic and sheltered by the majestic Table Mountain and the Twelve Apostles mountain range, this breathtaking environment is home to The Spa. Complete with seven treatment rooms and two outdoor gazebos, the spa boasts a Rasul Chamber for a touch of the exotic, cold and warm plunge pools, a brine floatation pool, and grooming area. An array of unique spa programs and packages using B|Africa Products, an exclusive indigenous line, as well as Dermalogica and the Elemis Spa Range ensure a restorative journey to beauty and wellness.

THE SPA AT TWELVE APOSTLES

HOTEL INFORMATION

55 rooms and 15 suites
35 kilometers from Cape Town International Airport

SIGNATURE TREATMENT

B|Purified begins with a full body skin renewal exfoliation. We use Honey Bush, Kiegele Atlantic salt scrub, and steam that enhances your treatment with a session in The Rasul. End your 120-minute journey with a moisture infused full body massage using one of Aromatherapy Shea Balms and incorporating techniques that allow you to be one with nature

SPA PRODUCTS

B|Africa, Dermalogica and Elemis



TAJ CAPE TOWN

Wale Street, 8001, Cape Town, South Africa | T: (27-21) 819-2000

Taj Cape Town's Jiva Grande Spa has an extensive menu of treatments inspired by Indian healing knowledge. These holistic staples, exclusive to Jiva Grande, utilize organic products derived from Indian herbs and essential oils. With eight treatment suites in the 650-square-meter spa, a men's and women's Hammam, sauna, fully-equipped fitness center, indoor heated lap pool and vitality pools, the Jiva Grande spa assists its guests to truly embrace the deep understanding of mind, body and spirit. Uplift your senses with the Cape Fynbos signature treatment exclusively primed from the botanical treasures of South Africa. Slip into a sense of bliss and tranquility as you sip our specially commissioned signature Cape tea, brewed from the herbs of marula and rooibos.



JIVA GRANDE SPA

HOTEL INFORMATION

134 rooms and 32 suites
20 minutes from Cape Town International Airport

SIGNATURE TREATMENT

Vishrama Deep Muscular—deep muscular massage for profound relaxation

SPA PRODUCTS

Jiva Beauty



SAXON BOUTIQUE HOTEL VILLAS AND SPA

36 Saxon Road, Sandhurst, 2196, Johannesburg, South Africa | T: (27-11) 292-6000

A tranquil retreat where you are invited to spoil yourself with a personal rejuvenating experience to soothe your soul, calm your senses and realign your body into perfect harmony with nature. No interruptions, no intrusions, it is your own secluded haven for quiet contemplation and celebration of self and the senses. The award winning Saxon Spa & Studio leaves nothing to be desired taking you on a journey of Signature Therapies created around sense-awakening colors, sounds and the revitalising power of water, the enigmatic essence of life itself.

SAXON BOUTIQUE HOTEL VILLAS AND SPA

HOTEL INFORMATION

41 junior suites
11 presidential suites
1 Nelson Mandela Platinum Suite
30 kilometers from Johannesburg International Airport

SIGNATURE TREATMENT

Sound Therapy—A journey using the sounds of gongs, cymbals and singing-bowls to help balance the body's energy centers. The treatment is performed on a heated water bed with color therapy, rebalancing energy flow, letting you reconnect with your inner self.

SPA PRODUCTS

Elemis, Dermalogica, QMS, Carita



THE OYSTER BOX

Two Light House Road, Umhlanga Rocks, Durban 4321, South Africa | T: (27-31) 514-5000

The Oyster Box, one of the best and most cherished hotels in South Africa, is located directly on the shores of Umhlanga's beachfront. The luxurious spa is secluded in luscious tropical gardens filled with the chatter of monkeys, exotic birds and perfumed flowers. The spa is dedicated to restoring beauty and balance through individual treatments and special journeys, personalized for each guest by exceptionally skilled therapists. A commitment to well-being focuses on holistic principles, combining ancient wisdom with modern expertise. The spa menu offers an extensive variety of health and beauty enhancing treatments to ensure that guests are nurtured, purified, pampered and relaxed.



THE SPA AT THE OYSTER BOX

HOTEL INFORMATION

65 rooms, 13 suites and eight villas
20 kilometers from King Shaka International Airport

SIGNATURE TREATMENT

B|Purified begins with a foot ritual, followed by a full body exfoliation using honeybush and Kigelia Atlantic salt scrub, and a milk bath hair and scalp massage. Following a session in the Hammam, treatment concludes with a full body massage using an Aromatherapy Shea Balm.

SPA PRODUCTS

B|Africa, Dermalogica, Elemis, Mama Mio skincare and Ionithermie





HAYMAN

Hayman, Great Barrier Reef, Queensland 4801, Australia | T: (61-7) 4940-1234

Hayman Spa is an award-winning, globally renowned luxury spa on Hayman, one of the world's most acclaimed resort destinations. Hayman Spa provides comprehensive health and wellness care in an environment that integrates conventional and holistic methods with a definite sensorial experience. Offering more than 60 health and beauty therapies that nurture the skin, body, and well-being, Hayman Spa presents a unique and exceptional experience. It has 13 individual treatment rooms, including a dedicated wet treatment room, and therapy rooms with peaceful garden views, two relaxation lounges, a meditation suite, a hydrotherapy facility, separate men's and women's saunas and steam rooms. Private cabanas with garden, lagoon and beach settings are available for outdoor massages.



HAYMAN SPA

HOTEL INFORMATION

172 rooms, 18 suites, 1 beach house, 8 beach villas and 9 penthouses
Launch, seaplane and helicopter transfers between Great Barrier Reef Airport and Hayman

SIGNATURE TREATMENT

Ocean Massage—an ultimate sensorial experience of relaxation and comfort in tranquil waters surrounded by gentle tides and tropical fish in the warm sun

SPA PRODUCTS

Pevonia Botanica

BORA BORA PEARL BEACH RESORT & SPA

Motu Tevairoa, BP 169, 98730 Vaitape, Bora Bora, French Polynesia | T: (689) 60-52-00

Take an adventure of the senses through paradise: sail over the top of Mount Otemanu, into our rejuvenating blue lagoon, and across the beaches of Bora Bora to a dreamland where everything is lovingly prepared. Our spa boasts nine treatment rooms including an outstanding Royal Suite with its private bath and Jacuzzi, stunning outdoor Vichy showers, saunas and steam rooms. Memorable Polynesian and international treatments and rituals can be enjoyed in the natural, luxurious setting of our serene spa. Take advantage of our fitness facility featuring cardio equipment, resistance machines, and free weights.



MANEA SPA

HOTEL INFORMATION

50 overwater bungalows, 10 beach bungalows with Jacuzzi and 20 garden bungalows with private pool
Three kilometers from Bora Bora Airport

SIGNATURE TREATMENT

Coco Otemanu—celebrate the healing properties of the coconut palm. Taking place in our Royal Suite, our signature service will pamper you with a nourishing coconut hair mask and scalp massage, a complete body polish, an exotic coconut bath and concluding with a full body massage

SPA PRODUCTS

Exclusive Manea Spa cosmetics and massage products



UMAID BHAWAN PALACE

Jodhpur, 342 006, Rajasthan, India | T: (91-291) 251-0101

The philosophy of Jiva Spa is rooted in India's ancient approach to wellness. Inspired by traditional Indian healing wisdom, the spa unfolds a holistic path of life that opens channels to nurture one's life force. Jiva Spa embraces a deep understanding of mind, body and spirit; their individual needs and their interdependence. Carefully created treatments draw on the rich and ancient wellness heritage of India, the lifestyle and culture of Indian royalty and the healing therapies that embrace Indian spirituality. With Jiva Spa, you undertake the journey within, through an array of enlivening holistic treatments, meaningful rituals and ceremonies for a truly calming experience.



JIVA GRANDE SPA

HOTEL INFORMATION

64 rooms and suites
Four kilometers from Jodhpur Airport

SIGNATURE TREATMENT

Vishrama—Hot poultice of Indian herbs, deep massage with alternating palm and thumb strokes with fragrant signature blends
Sushupti—Honey, cream and a green gram herb wrap followed by a bath in warm milk & herbs. Stimulating massage and relaxing signature oil facial

SPA PRODUCTS

Jiva Spa Products

THE LEGIAN

Jalan Kayu Aya, Seminyak Beach, 80361 Bali, Indonesia | T: (62-361) 730-622

The luxurious, all-suite Legian is set in lush tropical gardens in front of Seminyak Beach and offers extraordinary views of the Indian Ocean. Each suite is adorned with rich woods and marble, and features contemporary amenities that redefine resort living. The Club at The Legian, with its private-pool villas, is the pinnacle of luxury. The Spa at The Legian opens the door to an intimate world dedicated to the restoration of strength, beauty, and balance of the body, mind and soul following ancient healing traditions of the East. Experience treatments which include stimulating body polishes, nurturing envelopments, romantic bathing ceremonies, rejuvenating beauty rituals and therapeutic massage; all designed to pamper and restore vitality.



THE SPA

HOTEL INFORMATION

67 suites, 11 villas and one beach house
25 minutes from Ngurah Rai International Airport

SIGNATURE TREATMENT

The Legian Jade Massage—dynamic style to dissolve deep muscle tension and soothe the spirit. Two therapists work in synchronized movements using a variety of massage techniques including Shiatsu, Balinese, Thai, Swedish and Lomi-Lomi

SPA PRODUCTS

Ila, Voya, Naturelle D'Orient, REN, Sparitual



THE WINDSOR HOTEL TOYA RESORT & SPA

Shimizu Toyokocho Abutagun, Hokkaido 049-5722, Japan | T: (81-142) 73-1111

Located atop 625-meter-high Mount Poromoi, between Lake Toya and the Uchiura Bay, The Windsor Hotel TOYA Resort & Spa commands a spectacular 360-degree view of Toya and its environs on Japan's northernmost island of Hokkaido. Bloom SPA Toya's philosophy is simple: to guide and assist guests in their journey by providing the tools to achieve optimal health and well-being in a healing natural environment. Local ingredients, such as Hokkaido lavender and corn, with an added touch of the wisdom of the indigenous people provide unforgettable treatments only available within this international resort atmosphere, home to the 2008 G8 Summit.

BLOOM SPA TOYA

HOTEL INFORMATION

272 rooms, 2 presidential suites, 28 suites and 84 junior suites
available in Japanese and Western style
140 kilometers from the New Chitose Airport

SIGNATURE TREATMENT

Wisdom of Ainu treatment—Using medical herbs and ancient techniques, starts with a body scrub, followed by a relaxing hemp oil treatment, ending with a short facial
Season's special treatment—Original healing treatments using local seasonal ingredients
Spa cuisine - Healthy menus of seasonal ingredients

SPA PRODUCTS

SOTHYS, Thalgo, Fragrant Earth



THE DATAI LANGKAWI

Jalan Teluk Datai, 07000, Langkawi, Malaysia | T: (60-4) 959-2500

Beautifully integrated into the lush environment of the tropical rainforest, The Spa at The Datai combines Malaysia's natural beauty with comprehensive spa accommodations to ensure an unforgettable experience. The spa has four open-air treatment pavilions where guests can partake in healing traditions from the East, while becoming one with the land's vibrant setting. Lavish signature treatments include the Datai Jade massage, Ancient Balinese massage, Himalayan Hot Stone massage, and the Datai Indulgence Ritual all designed to help you relax, rejuvenate and revitalize your sense for overall well-being.



THE SPA AT THE DATAI

HOTEL INFORMATION

54 rooms, 40 villas and 16 suites
Two swimming pools
35 minutes from Langkawi Airport

SIGNATURE TREATMENT

The Datai Jade Massage—two therapists work in synchronized movements using techniques including Japanese Shiatsu, ancient Balinese, traditional Thai and Hawaiian Lomi-Lomi

SPA PRODUCTS

Sundari, Uspa, Abhana, Traditions D'Orient



CONSTANCE HALAVELI

Alifu Alifu Atoll, Republic of Maldives | T: (960) 666-7000

Suspended on stilts and overlooking a turquoise lagoon, Le Spa de Constance offers a range of facilities that include four couples' and six single treatment rooms, a beauty salon and relaxation room. Hydrotherapy facilities include sauna and steam bath along with hot and cold plunge pools. In this magical place, guests will enjoy the expertise and experience of Valmont, an anti-aging expert at the edge of technology, or indulge in the *ila* treatments with organic and handcrafted oils, scrubs and wraps created to a unique formula exclusively for Le Spa de Constance.



LE SPA DE CONSTANCE

HOTEL INFORMATION

86 villas
25 minutes by sea-plane or 1.15 hours by speedboat from Malé International Airport

SIGNATURE TREATMENT

Skin to Within—after a foot ritual, an aroma-point massage that uses signature oils combining the subtle healing work of aromatherapy and targeted acupressure massage with a focus on spinal release

SPA PRODUCTS

Valmont and *ila*

TAJ EXOTICA RESORT & SPA

P.O. Box 2117, South Malé Atoll, Republic of Maldives | T: (960) 664-2200

Situated in the middle of one of the largest lagoons in the Maldives, the Jiva Grande spa blends seamlessly with the beauty of this tranquil isle. With its tropical-inspired interiors and ocean views, the Jiva Grande spa is located at the far end of the island sanctuary. Fanned around a central courtyard garden and surrounded by the serene aqua lagoon are the over-water Spa Pavilions. The Jiva Grande Spa embraces a deep understanding of mind, body and spirit. The spa programs are designed to luxuriously pamper and indulge, heal and nourish, restore and rejuvenate. All products used are natural and uniquely made with fresh fruits, vegetables, Indian herbs and pure essential oils.

JIVA GRANDE SPA

HOTEL INFORMATION

58 villas and 6 suites
8 kilometers from Malé International Airport

SIGNATURE TREATMENT

Vishrama—a deep muscular massage for profound relaxation
Sushupti—an indulgent body treatment for lustrous skin
Alepa—the act of anointing the body

SPA PRODUCTS

Jiva Bespoke Blends



FUCHUN RESORT

No. 339 Jiangbin Dongdadao, Dongzhou Area, Fuyang, Hangzhou, Zhejiang, China 311401
T: (86-571) 6346-1111

Fuchun Spa at Fuchun Resort is recognized as one of Asia's leading spa retreats. The resort is steeped in Chinese art history and is surrounded by picturesque hills, lakes and a working tea plantation, making it an alluring retreat for relaxation, rejuvenation and indulgence. The spa offers a full menu of massages, facials and body treatments, including signature Balinese and Chinese therapies inspired by local healing traditions and the area's rich cultural heritage.



FUCHUN SPA

HOTEL INFORMATION

29 rooms, 41 suites and 17 villas
1 hour from Hangzhou International Airport

SIGNATURE TREATMENT

Hangzhou's Silk Cocoon—this luxuriously decadent treatment pays homage to the renowned Hangzhou silk, incorporating oriental healing massage techniques using five types of aromatherapy oil to balance the flow of Qi, indulge and rejuvenate

SPA PRODUCTS

A.W. Lake

THE CHEDI CHIANG MAI

123 Charoen Prathet Road, T. Changklan A. Muang, Chiang Mai, Thailand 50100 | T: (66-53) 253-333

The Spa at The Chedi Chiang Mai opens the door to an intimate world dedicated to the restoration of strength, beauty, and balance of the body, mind and soul following ancient healing traditions of the East. Experience our offerings which include stimulating body polishes, nurturing envelopments, romantic bathing ceremonies, rejuvenating beauty rituals and therapeutic massage, all designed to pamper and restore vitality. A diverse range of healing traditions designed for ultimate relaxation complements the serene backdrop of scented gardens, water features and quiet interiors.



THE SPA

HOTEL INFORMATION

52 deluxe rooms and 32 Chedi Club suites
15 minutes from Chiang Mai International Airport

SIGNATURE TREATMENT

The Chedi Jade Massage—a dynamic style to dissolve deep muscle tension and soothe the spirit. Two therapists work in synchronized movements using a variety of massage techniques including Shiatsu, Balinese, Thai, Swedish and Lomi-Lomi

SPA PRODUCTS

Spa Ritual, Ren, Naturelle D'Orient, ila, Voya



THE NAM HAI, HOI AN, VIETNAM

Hamlet 1, Dien Duong Village, Dien Ban District, Quang Nam Province, Vietnam | T: (84-510) 3940-000

A haven of serenity and natural beauty, The Spa at The Nam Hai has eight tranquil Spa Villas surrounded by a lotus pond. The private facilities feature two spaciouly designed pavilions with double or single massage beds, relaxation areas, steam showers and private changing rooms. It is dedicated to the restoration of strength and beauty through the balance of body, mind and spirit from the healing traditions of the East. Adhering to a holistic approach that beauty is more than skin deep dictates a choice of products, treatments and applications. Choose from a selection of beauty and body elixir rituals, including scrubs, purifying masques, enriching baths and therapeutic massage, all designed to soothe the senses and satisfy the soul. The hotel offers four tennis courts, cooking classes, a white sand beach, kids activity villa, two gourmet restaurants and a bar. Three UNESCO World Heritage Sites and two championship golf courses are nearby.

THE SPA

HOTEL INFORMATION

60 villas and 40 pool villas
30 minutes from Danang International Airport

SIGNATURE TREATMENT

The Nam Hai Jade Massage—A dynamic style to dissolve deep muscle tension and soothe the spirit. Two therapists work in synchronized movements using a variety of massage techniques including Shiatsu, Balinese, Thai, Swedish and Lomi-Lomi

SPA PRODUCTS

ila, VOYA, Abahna, Sundari, Traditional D'Orient



SECRETS MARQUIS LOS CABOS

Carretera Transpeninsular Km. 21.5, Fraccionamiento Cabo Real,
San Jose del Cabo, Baja California Sur 23400, Mexico | T: (52-624) 144-2000

Secrets Spa by Pevonia is a holistic spa, spanning 13,000-square-feet and featuring the latest exercise equipment, steam room, hot tub, pool and magnificent treatment rooms with ocean views. Luxuriate in this sanctuary for your senses, designed to create harmony for your body, mind and spirit. With a wide variety of alternative treatments, our skilled therapists will utilize products of Mother Earth such as: clay, chocolate, coffee, essentials oils, and seaweed. The basis of treatments is to drain, detoxify and relax. Once your body is free of toxins, your skin can absorb the therapeutic elements of our products more quickly and efficiently. The union of the five elements in our therapies—earth, water, fire, metal and wood—will deeply impact your spirit, ensuring a unique and memorable experience.

SECRETS SPA BY PEVONIA

HOTEL INFORMATION

235 suites
20 kilometers from airport

SIGNATURE TREATMENT

Hot Stone Massage—80 minute soothing full-body massage; heated stones are used on specific points of the body, lingering just long enough to melt the tension from each muscle

SPA PRODUCTS

Pevonia, Lanza, Me Bath, Body Coffee



MARQUIS REFORMA HOTEL & SPA

Paseo de la Reforma 465, Col. Cuauhtemoc C.P. 06500, Mexico City, Mexico | T: (52-55) 5229-1200

In the heart of exciting Mexico City, the Marquis Reforma Hotel & Spa now features a holistic spa with 4,500-square-feet—the largest and most luxurious in the city. Spa Marquis has been created to help guests find inspiration, and to attain a balance and harmony that eliminate stress and result in a long-lasting healing experience.

SPA MARQUIS

HOTEL INFORMATION

125 rooms and 84 suites
30 minutes from airport

SIGNATURE TREATMENT

Signature Massage—ancient and modern techniques are combined in one massage. It concludes with a warm champagne oil back massage to open the five energy channels

SPA PRODUCTS

Germaine de Capucini



GRAND VELAS RIVIERA MAYA

Carretera Cancun-Tulum Km. 62, Playa del Carmen, Quintana Roo 77710, Mexico | T: (62-984) 877-4400

Inspired by the jungle and cenotes of the Yucatan Peninsula, the Grand Velas Spa is unparalleled in both its setting and quality of offerings. Personal spa valets welcome guests and guide them through the signature seven-step Water Journey in the stunning hydrotherapy area. The extensive menu of services is based on the seven journeys around the world through indigenous treatments, designed to relax, restore, and renew. Forty-two spacious, private suites—available for individuals or couples—are tailored to treatments, and include relaxation and shower areas. From body wraps and facials to couples massage, meditation room, a flotarium and a stylish bridal suite, the spa offers an extensive array of signature services.

SPA GRAND VELAS RIVIERA MAYA

HOTEL INFORMATION

491 suites
35 minutes from Cancun International Airport

SIGNATURE TREATMENT

Mayan Shawl Treatment—aids in the alignment of posture, establishing emotional connection by creating rhythm to activate self-healing

SPA PRODUCTS

Natura Bisse, Sundari, Comfort Zone, Decléor



GRAND VELAS RIVIERA NAYARIT

Av. Cocoteros 98 Sur, Nuevo Vallarta, Riviera Nayarit, Mexico 63735 | T: (52-322) 226-8000

Breathe in the spirit of Mexico as you enter a world of balance, health and harmony. Highly personalized services, an alluring variety of regional and world-inspired treatments distinguish Grand Velas Riviera Nayarit luxury all-inclusive resort from all other spa escapes. Amidst majestic architecture complemented by fountains and fresh flower mandalas, the experience begins with a unique Water Ritual circuit including sauna, herbal steam, warm and cold lagoons and hydro-reflexology. The spa menu is an exclusive collection of more than 60 treatments inspired by the healing arts of the native Huichol people and cultures from around the globe. Grand Velas Riviera Nayarit indulges all five senses with Spa gourmet cuisine, breezy spacious suites and an award-winning infinity pool; all complemented by the sound of gently crashing waves on Mexico's golden coast.

GRAND VELAS SPA

HOTEL INFORMATION

267 suites
10 miles from Puerto Vallarta International Airport

SIGNATURE TREATMENT

Cora Massage—Highly energetic massage that stimulates the sensorial perception through a sound ritual that includes natural instruments such as: kaitsa, cymbals, rain stick and winchas

SPA PRODUCTS

Natura Bisse, Germaine de Capuccini



SONNENALP RESORT OF VAIL

20 Vail Road, Vail, CO 81657 USA | T: (1-970) 476-5656

The Sonnenalp Spa is an exquisite resource to rejuvenate mind and body. With pampering massage, body treatments, skin care, manicures and pedicures, the Spa offers world-class pleasures. Relax by the pool on our creek-side sundeck or in our meditation cove, take a yoga class before or after skiing, work out in our fitness center and indulge in our full menu of treatments. For guests suffering from the effects of our altitude, the Sonnenalp Spa offers Vail's only oxygen bar. Using the oxygen bar therapy can help with symptoms such as shortness of breath, fatigue and weakness. Realizing that a healthy body comes from within, the Sonnenalp Spa is focused on integrating the internal and external aspects of total wellness.

SONNENALP SPA

HOTEL INFORMATION

15 rooms and 112 suites
120 miles from Denver Airport
30 miles from Eagle County Airport

SIGNATURE TREATMENT

Sonnenalp 50-minute Signature Facial—nurtures the extreme effects of high altitude, leaving skin re-hydrated, supple and vibrant

SPA PRODUCTS

Mountain Mint Collection



ACQUALINA RESORT & SPA ON THE BEACH

17875 Collins Avenue, Sunny Isles Beach, Florida, 33160 USA | T: (1-305) 918-6844

The award-winning 20,000-square-foot ESPA spa spans two stories and features 11 multi-functional treatment rooms, one ocean-front private couple's treatment suite, four express beauty suites and an outdoor spa pool and heated jet pool, all with stunning views of the ocean. Guests are encouraged to arrive at the spa 60 minutes prior to their treatment time in order to enjoy a welcome refreshment of freshly prepared tea and organic snacks; and unwind in the relaxation lounge and heat experiences, including Finnish saunas, crystal steam rooms, ice fountains, and experience showers that feature cool arctic or warm Caribbean mists.



ACQUALINA SPA BY ESPA

HOTEL INFORMATION

54 rooms and 44 suites
14 miles from Ft. Lauderdale International Airport
19 miles from Miami International Airport

SIGNATURE TREATMENT

Orange Blossom Treatment—Welcome foot ritual, ESPA salt and oil scrub, restorative deep muscle massage, warm poultice pressure-point massage, and refreshing scalp massage

SPA PRODUCTS

EPSA

CANYON RANCH HOTEL & SPA IN MIAMI BEACH

6801 Collins Avenue, Miami Beach, FL 33141 | T: (1-305) 514-7000

Body meets soul in the 70,000-square-foot Wellness Spa, the largest in Florida. Hotel guests will have full, complimentary access to this sparkling, state-of-the-art facility. You can unwind in the spectacular Aquavana® thermal suite, enjoy amazing spa treatments, swim, take a group fitness class, conquer the two-story climbing wall, get a great workout in the fitness center and explore your wellness with world-class experts. The world-famous spa services incorporate ancient, traditional and modern therapies. With a menu of side-by-side massages, body treatments and facials, Canyon Ranch Hotel & Spa in Miami Beach is also an idyllic vacation destination for couples.



WELLNESS SPA

HOTEL INFORMATION

111 suites
15 miles from Miami International Airport; 30 miles from Fort Lauderdale International Airport

SIGNATURE TREATMENTS

Miami Rejuvenating Spice: Destress Chakra Ritual: Yatra: A Journey of the Senses

SPA PRODUCTS

Environ, Phytomer, Aromatherapy Associates, Mama Mio, Luzern, Spa Find, Sisley, Canyon Ranch Your Transformation



THE SETAI, MIAMI BEACH

2001 Collins Avenue, Miami Beach, FL 33139 USA | T: (1-305) 520-6000

In a paradise of pools, palm and Zen-like peace, guests are embraced with a deep sense of serenity upon entering The Spa at The Setai. In a setting with a profound respect for healing and individual privacy, The Spa invites guests to open the door to ancient Asian traditions to realign the body, mind and spirit. The exclusive, specially designed spa suites celebrate the personalization of treatments and traditions. Each suite has direct views of three sparkling swimming pools, a private bath and shower steam room. The fully equipped fitness center offers tailored fitness programs, including personal training, private mat Pilates and yoga on the beach.



THE SPA AT THE SETAI

HOTEL INFORMATION

85 studio suites, 45 suites and 1 penthouse
12 miles from Miami International Airport

SIGNATURE TREATMENT

The Setai Jade Massage—A dynamic style to dissolve deep muscle tension and soothe the spirit. Two therapists work in synchronized movements using a variety of massage techniques including Shiatsu, Balinese, Thai, Swedish and Lomi-Lomi

SPA PRODUCTS

Ila, REN, Voya, Spa Ritual

HALEKULANI

2199 Kalia Road, Honolulu, HI 96815-1988 USA | T: 1-808) 931-5322

In keeping with Halekulani's serene environment of understated elegance, SpaHalekulani was designed to provide guests with an all-enveloping emotional, cultural and spiritual experience. Signature treatments have been inspired by the healing traditions of Asia, Hawaii and the South Pacific. SpaHalekulani has seven spa treatment rooms, including a garden lanai treatment suite and dual-treatment room, with a Japanese furo; a retail shop, an outdoor relaxation lanai and a full-service salon. Spa experiences such as massages, facials, body treatments and expression packages range from the unexpected to the sublime, including an exclusive foot pounding ritual.



SPAHALEKULANI

HOTEL INFORMATION

410 rooms and 43 suites
25 minutes from Honolulu International Airport

SIGNATURE TREATMENT

Waianuhea—an experience inspired by a Hawaiian healing tradition of physical and spiritual healing

Polynesian Nonu—a Samoan inspired massage using warm stones and Polynesian Noni

SPA PRODUCTS

Exclusive SpaHalekulani Products, Epicurean, Malie Organics, Pure & True



CHATHAM BARS INN

297 Shore Road, Chatham, Massachusetts 02633 USA | T: (1-508) 945-0096

The Spa at Chatham Bars Inn is a tranquil and luxurious setting, offering oversized treatment rooms with private steam showers, a wet room with Vichy shower and hydrotherapy tub, a couple's massage room, five outdoor treatment cabanas in a serenely landscaped Japanese Zen garden, and a seasonal outdoor relaxation pool. Twelve spa suites, each with a soaking tub, steam shower and sauna, provide the ultimate spa getaway.

THE SPA AT CHATHAM BARS INN

HOTEL INFORMATION

144 rooms and 73 suites
Private beach, golf course and three tennis courts
90 miles from Logan International Airport

SIGNATURE TREATMENT

Tides Massage—reflects the movement of the tides using warm stones and seashells to soothe and relax; finishes with a delicate facial massage using smoothed beach shells

SPA PRODUCTS

Body Bliss, OSEA, Skin Ceuticals, Spa Ritual, Suki



WHITEFACE LODGE

7 Whiteface Inn Lane, Lake Placid, NY 12946 USA | T: (1-518) 523-0500

The Spa at Whiteface Lodge is surrounded by the flora and fauna of the Adirondacks. The soothing effects of earth tones, waterfalls and serene music unfold you upon entering. The restorative elements of bio-maple compounds and hand-picked botanicals are incorporated into a unique menu of healing treatments for face and body. Whether you are here to reconnect with nature or your family, the Spa at Whiteface Lodge offers you the opportunity to unwind, reconnect and rejuvenate.

THE SPA

HOTEL INFORMATION

92 suites
20 minutes from Saranac Lake/Lake Clear Airport
One hour from Plattsburgh
Two hours from Albany Airport

SIGNATURE TREATMENT

Detoxifying Earthen Clay & Stone Treatment—mineral-rich clay wrap followed by an application of warmed rose oil and a soothing hot stone massage

SPA PRODUCTS

Naturopathica Skincare, Keratin, La Bella Donna



TABACON GRAND SPA THERMAL RESORT

La Fortuna de San Carlos, Arenal, Costa Rica | T: (506) 2479-2000

Part of the carbon-neutral Tabacon Grand Spa Thermal Resort, The Grand Spa is set in one of the world's most beautiful locations, amidst lush foliage and thermal springs in the Costa Rican rainforest. The Spa location, at the base of Arenal Volcano, creates a distinctive blend of nature and relaxation. Treatments are rendered in 11 open-air bungalows, all with a private Jacuzzi. An extensive spa menu features relaxation and therapeutic treatments including outdoor manicure/pedicure, an open-air yoga center and an outdoor pool for watsu treatment. Discover Shangri-La Gardens an adults-only hideaway to escape, relax and rejuvenate that inspires romance, camaraderie and tranquility; a peaceful retreat featuring six natural volcano-heated river pools.

THE GRAND SPA

HOTEL INFORMATION

73 rooms and 29 suites
90 miles from San José International Airport

SIGNATURE TREATMENT

Idyllic Massage—includes couple's full body massage and facial treatment followed by moisturizing Jacuzzi

Tabacón Massage—full body massage with moisturizing volcanic mud, finishing with a rinse in an outdoor Jacuzzi with thermal water

SPA PRODUCTS

Germaine de Capuccini, Natural Products: volcanic mud, thermo-mineral water



LLAO LLAO HOTEL & RESORT GOLF-SPA

Av. Ezequiel Bustillo Km 25, R8401ALN Bariloche, Río Negro, Argentina | T: (54-294) 4448-530

At the exquisite Llao Llao Hotel & Resort, Golf-Spa, there is a focus on integrating natural elements into the array of indulgent treatments and wellness programs. From mineral-rich facials that tone and fortify the skin, to beauty salon visits with an expertly trained staff, natural active components play an essential role in this unique spa journey. Among the products used, one will find unexpected plant extracts such as rose hips and mud from the Patagonian Andes. The result is a highly personalized and effective experience in luxury.



LLAO LLAO SPA

HOTEL INFORMATION

172 rooms, 32 suites and 1 cabin
36 kilometers from San Carlos de Bariloche Airport

SIGNATURE TREATMENT

Llao Llao Experience—four-hands chocolate massage, followed by hydrotherapy and facial hydration

SPA PRODUCTS

Yonka





FAENA HOTEL BUENOS AIRES

Martha Salotti 445, C1107CMD, Buenos Aires, Argentina | T: (54-11) 4010-9083

Far from the madding crowd, a unique journey through the senses involving ancient healing rituals; the true heart of Faena Spa is a serene space for meditation and learning, both spiritual and physical, which offers a collection of treatments to uplift the spirit, calm the mind and rejuvenate the body. Personalized training programs are designed by the fitness center's highly qualified team. The Faena Spa also offers a wide range of activities, such as yoga, tai-chi and tango classes, among others.



SPA FAENA HOTEL

HOTEL INFORMATION

70 rooms and 20 suites
30 minutes from international airport
15 minutes from local airport

SIGNATURE TREATMENT

Faena Experience—a four-hand massage that allows you to disassociate your attention and find complete relaxation. It harmonizes the energy flow throughout the body and releases physical and mental tensions

SPA PRODUCTS

Biologique Recherche

TIVOLI SÃO PAULO - MOFARREJ

Alameda Santos, 1437 / Cerqueira César, CEP - 01419-001 São Paulo, Brasil | T: (55) 11 3146 6420

Elements Spa By Banyan Tree takes a holistic approach to physical and spiritual well-being, providing a sanctuary for the senses. Drawing on Asian traditions that date back centuries, our intimate retreats combine romance and serenity with exotic sensuality. The architecture of our treatment suites draws upon local inspiration to blend seamlessly with the beauty of the natural environment. Our massages are based on evolving techniques that have passed through the hands of many generations. Health and beauty remedies make use of aromatic oils, herbs and spices with ancient healing powers. Under the intuitive touch of our therapists, simple sensory pleasures are reawakened, completing the experience that defines Elements Spa By Banyan Tree.

ELEMENTS SPA BY BANYAN TREE

HOTEL INFORMATION

185 rooms and 35 suites

SIGNATURE TREATMENT

Royal Banyan—holistic approach to balance and rejuvenate the body, mind and soul, using a soothing scrub, acupressure massage, and herbal massage to improve circulation and release tension

SPA PRODUCTS

Banyan Tree





SANDY LANE

St. James, BB 24024, Barbados | T: (246) 444-2000

Sandy Lane, an exceptional resort set in an ancient mahogany grove, overlooks a crescent of gorgeous white sand beach. Since 1961, it is considered the premier address in the Caribbean that combines classic elegance with state-of-the-art amenities. The Spa at Sandy Lane has 11 treatment suites and three specialty suites: a hydro-bath room, a Jet Blitz room and the Amethyst room for Thai and Shiatsu massages. The heat facility features a panoramic sauna, steam room/Rhassoul, cold showers, warm experience showers and a Crystal Cold room. There is also a hydro-pool with air beds where you can fully recline and have over 150 jets bubbling beneath you, and a relaxation room with lounge chairs where you can relax before or after treatments, sip organic teas or natural spring water, and eat fresh fruit while reading.



THE SPA AT SANDY LANE

HOTEL INFORMATION

96 rooms and 16 suites
26 kilometers from Grantley Adams International Airport

SIGNATURE TREATMENT

Bajan Indulgence—begin with a warm sugar cane scrub with coconut oil, coconut gratings and brown sugar, followed by a warm mud and banana leaf cocoon and head massage. Shower, and a massage with warm coconut oil completes the treatment. Concludes with lunch in the treatment room

SPA PRODUCTS

Aromatherapy Associates, Sundari

TORTUGA BAY

Punta Cana, Higuey, Dominican Republic | T: (1-809) 959-8229

Turquoise water and pristine beach highlight the natural beauty surrounding the Six Senses. Occupying 1,800 square meters, the spa offers eight treatments rooms, plus an innovative spa menu of signature treatments and Asian therapies. As part of the spa's holistic focus, beauty and pampering treatments, yoga, tai chi and meditation are also offered. Caribbean Experience is a traditional treat to renew your body with natural local ingredients, starting with a healthy and aromatic steam, followed by coconut body scrub, cocoon with carrot and coconut, relaxing hot stone massage and concluding with a natural facial. Your skin will appreciate the benefits of the treatment involving hydration, anti-aging, regeneration, elasticity, toning, and UV protection, leaving your skin smooth and younger-looking, while offering a truly memorable experience that will balance your senses.



SIX SENSES SPA

HOTEL INFORMATION

30 suites in 13 villas
Five minutes from Punta Cana International airport

SIGNATURE TREATMENT

Caribbean Experience—a traditional Caribbean treat to renew your body senses with natural local ingredients. Steam with tropical essential oils, scrub and cocoon with coconut and carrot, hot stone massage with coconut oil and a natural facial with honey, brown sugar and jojoba oil

SPA PRODUCTS

Six Senses



SANDALS ROYAL PLANTATION

Main Street, P.O. Box 2, Ocho Rios, St. Ann, Jamaica | T: (1-876) 974-5601

The exclusive Red Lane® Spa at Sandals Royal Plantation is a sanctuary for mind, body and soul. Red Lane® represents every spa lover's dream, an experience where nature weaves its spell, removing a guest's every care with classic European rituals with a distinctive Caribbean flair—by the beach, on a pier, in a garden, within our resort suite, or in a spa suite. The Red Lane® Spa at Sandals Royal Plantation incorporates exotic tropical ingredients, and organic botanical products such as coconut, raw cane sugar and Blue Mountain coffee to create island experiences which will renew and rejuvenate your total being. Sandals Royal Plantation's Red Lane® Spa offers a pathway to pampering.



RED LANE® SPA

HOTEL INFORMATION

74 suites and 1 private villa, all with ocean-view and butler service
One and one-half hours from Sangster International Airport

SIGNATURE TREATMENT

West Indian Massage—full-body massage with warm river stones, tropical rainforest-scented mist and white-sand foot exfoliation

SPA PRODUCTS

Red Lane, Dermalogica



With nearly 100 Leading Spas in 37 countries represented in the portfolio, we are in a unique position for gathering insight into the various cultural practices and deciphering trends around the world. Across the board, our spas strive to accommodate the comfort levels of all spa goers, no matter the guest's origin. On the topic of nudity, there is a delicate balance that must be struck when one has Italians, British, French, Swiss, Germans, Americans, Latin Americans, Saudi Arabians and Asians all converging in such an intimate and personal setting.

Generally speaking, Northern and Western Europeans are the most liberal, in that nudity is common for both men and women in saunas, steam baths and the like. Italians, British and North Americans are less at ease with nudity, and many prefer to wear swimming trunks or swimsuits in the above, communal (albeit not unisex) facilities. Those from Asia and the Middle East, on the other hand, often opt not to frequent those types of common areas at all. While most spas permit nudity in these areas, clothing—a robe at the very least—is mandatory in all other areas such as the reception area, gym and spa waiting rooms. Some Leading Spa facilities offer private suites in which guests are welcome to lounge and undress to their own comfort level. It is very common for spas to offer disposable thongs for those who prefer this option.

It is interesting to note the varying nuances within countries as well. In Switzerland for example, spas in the French part of the country, follow a more French-influenced culture (i.e., reserved and less open to nudity). While in the Swiss German regions, closer to German and Nordic cultures, people have a more carefree attitude toward nudity.

During treatments, the decision of how much or how little to disrobe is up to the individual. Therapists may advise their client, but it is ultimately a question of comfort. In all cases, therapists will customize the treatment to accommodate the guest. Due to the diversity in guest cultures and the growing segment of international spa enthusiasts, it is important to note that Leading Spas educate themselves on the expectations of each guest to ensure they are anticipating their needs, and exceeding their expectations.



Appointments should be made as far in advance as possible. Be sure to indicate any medical conditions you may have, as some treatments may not be appropriate for you. Specify your preference for a male or female therapist. This is also the time to inquire about applicable charges, should you need to cancel your session.

Arrive at least 20 to 30 minutes prior to your appointment so you can enjoy an unhurried transition into the spirit of the spa experience.

Attire should be appropriate to the activities you are planning: light, comfortable clothing for stretching sessions, sneakers for exercise class. For many body treatments, it is customary to undress completely; the therapist will drape and undrape parts of your body as needed. However, the spa experience is about serenity and relaxation—disrobe to your level of comfort.

Cancellations should also be made as far in advance as possible. It is wise to inquire about any cancellation fees or penalties at the time of your reservations.

Cell phones do not belong in the spa—and should be left in your room. Be considerate of others. Time in the spa should be peaceful and serene.

Children—especially those under 16—should not be brought to the spa, unless treatments for youngsters are specifically offered.

Communication with the therapist is important. All aspects of treatment can be modified to suit you, including lighting levels, music, room temperature, and whether you choose to have a conversation or enjoy the treatment in silence. Discuss the type of procedure, and any concerns you may have. If at any time during the treatment you experience discomfort, tell the therapist. If you want the therapist to give you a deep massage, or be gentler, let him or her know.

Conversation in shared areas should be kept to a minimum.

Eating and drinking just prior to treatments is not recommended.

Gratuities may or may not be included in the cost of the treatment. Inquire when making your appointment. The amount you choose to leave will depend on your level of satisfaction; however, 10 to 20% is customary, and it can be left in an envelope with the receptionist as you depart. If you have had multiple services from different people (a massage therapist, a facial esthetician, etc.), leave a separate gratuity for each of them.

Valuables should be left in your in-room safe or in the hotel's safe-deposit boxes.

Motivations for visiting a spa are many, from destination, to treatments offered, to other available activities. This index is designed to help to you find the Leading Spa that best fits your needs as you plan your next spa adventure. Also, for the most up-to-date listings of our Leading Spas, their offers and amenities, we invite you to visit our website at LHWspas.com.

ANTI-AGING & BEAUTY

EUROPE

Interalpen-Hotel Tyrol	Austria
Hotel Sacher Wien	Austria
Kempinski Hotel Das Tiro	Austria
Terre Blanche Hotel Spa Golf Resort	Austria
Brenners Park-Hotel & Spa	Germany
Grand Hotel Quisisana*	Italy
Capri Palace Hotel & Spa*	Italy
Le Sirenuse*	Italy
Villa del Parco & Spa, Forte Village Resort*	Italy
La Residencia	Spain
La Réserve Genève Hotel & Spa	Switzerland
Gstaad Palace*	Switzerland
Beau-Rivage Palace	Switzerland

MIDDLE EAST

La Résidence des Cascades	Egypt
Residence & Spa at One&Only Royal Mirage	United Arab Emirates

AFRICA

Le Touessrok	Mauritius
12 Apostles Hotel and Spa	South Africa
The Osyter Box	South Africa

NORTH AMERICA

Canyon Ranch Hotel & Spa in Miami Beach	USA
Acqualina Resort & Spa on the Beach	USA

AYURVEDA

EUROPE

Grand Hotel de Bordeaux & Spa	France
Villa del Parco & Spa, Forte Village Resort*	Italy
Beau Rivage Palace	Switzerland
Lausanne Palace & Spa	Switzerland
Carlton Hotel*	Switzerland
The Grove	England, United Kingdom

MIDDLE EAST

La Résidence des Cascades	Egypt
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AFRICA

Shanti Maurice – A Nira Resort	Mauritius
Royal Palm Hotel	Mauritius
Maradiva Villas Resort & Spa	Mauritius
Taj Cape Town	South Africa

ASIA & PACIFIC

Umaid Bhawan Palace	India
Taj Exotica Resort & Spa	Republic of Maldives

NORTH AMERICA

Acqualina Resort & Spa on the Beach	USA
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CENTRAL & SOUTH AMERICA

Tabacon Grand Spa Thermal Resort**	Costa Rica
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BEACH & SPA

EUROPE

Falkensteiner Hotel & Spa Iadera	Croatia
Amathus Beach Hotel Limassol	Cyprus
Byblos Saint-Tropez*	France
Château Hotel de la Messardière*	France
Grand Hotel Heiligendamm	Germany
Grand Resort Lagonissi*	Greece
Divani Apollon Palace & Spa	Greece
Elounda Beach Hotel & Villas*	Greece
Villa del Parco, Forte Village Resort*	Italy
Hotel Metropole	Monaco
Marbella Club Hotel Golf Resort & Spa	Spain

MIDDLE EAST

One&Only The Palm	United Arab Emirates
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BEACH & SPA (CONTINUED)

AFRICA

Shanti Maurice – A Nira Resort	Mauritius
Royal Palm Hotel	Mauritius
Constance Lemuria	Seychelles

ASIA & PACIFIC

Hayman	Australia
Bora Bora Pearl Beach Resort	French Polynesia
The Legian	Indonesia
Taj Exotica Resort & Spa	Maldives
Constance Halaveli	Maldives

NORTH AMERICA

Marquis Los Cabos Hotel	Mexico
Grand Velas Riviera Maya	Mexico
Grand Velas Riviera Nayarit	Mexico
Acqualina Resort & Spa on the Beach	USA
The Setai South Beach	USA
Halekulani	USA
Chatham Bars Inn	USA
Canyon Ranch Hotel & Spa in Miami Beach	USA

CARIBBEAN

Sandy Lane	Barbados
Tortuga Bay	Dominican Republic
Sandals Royal Plantation	Jamaica

GOLF & SPA

EUROPE

Interalpen-Hotel Tyrol	Austria
Terre Blanche Hotel Spa Golf Resort	France
Canyon Ranch Hotel & Spa in Miami Beach	USA
Brenners Park-Hotel & Spa	Germany
Grand Hotel Heiligendamm	Germany
Villa del Parco & Spa, Forte Village Resort*	Italy
Terme di Saturnia Spa & Golf Resort	Italy
Masseria San Domenico Spa-Talasso & Golf*	Italy
Grande Real Villa Itália Hotel & Spa	Portugal
Vidago Palace	Portugal
Marbella Club Hotel	Spain
Tschuggen Grand Hotel*	Switzerland

Grand Resort Bad Ragaz	Switzerland
Waldhaus Grand Hotel & Spa*	Switzerland
Chalet RoyAlp Hôtel & Spa	Switzerland
Mont Cervin Palace*	Switzerland
The Grove	England, United Kingdom
Old Course Hotel, Golf Resort & Spa	Scotland, United Kingdom

MIDDLE EAST

La Résidence des Cascades	Egypt
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AFRICA

Le Touessrok	Mauritius
Constance Lemuria	Seychelles

ASIA & PACIFIC

The Windsor Hotel TOYA Resort & Spa	Japan
The Datai Langkawi	Malaysia

NORTH AMERICA

Marquis Los Cabos	Mexico
Grand Velas Riviera Nayarit	Mexico
Sonnenalp Resort of Vail**	USA
The Setai, South Beach	USA
Chatham Bars Inn	USA

CENTRAL & SOUTH AMERICA

Llao Llao Hotel & Resort Golf-Spa	Argentina
Faena Hotel + Universe	Argentina

CARIBBEAN

Sandy Lane	Barbados
Tortuga Bay	Dominican Republic
Sandals Royal Plantation	Jamaica

MEDICAL SPA

EUROPE

Brenners Park-Hotel & Spa	Germany
Hotel Nassauer Hof	Germany
Grand Hotel Heiligendamm	Germany
Capri Palace Hotel & Spa*	Italy
Bagni de Pisa Palace & Spa	Italy
Fonteverde Tuscan Resort & Spa	Italy
Terme di Saturnia Spa & Golf Resort	Italy
Villa del Parco, Forte Village Resort*	Italy

SPECIAL SPA FEATURES

MEDICAL SPA (CONTINUED)

Grand Resort Bad Ragaz	Switzerland
Waldhaus Grand Hotel & Spa*	Switzerland
Hotel des Trois Couronnes	Switzerland

MIDDLE EAST

La Résidence des Cascades	Egypt
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SKI & SPA

EUROPE

Interalpen-Hotel Tyrol	Austria
Kempinski Hotel Das Tirol	Austria
Hotel de Charme Les Airelles*	France
Schloss Elmau Luxury Spa & Cultural Hideaway	Germany
Tschuggen Grand Hotel*	Switzerland
Grand Resort Bad Ragaz	Switzerland
Waldhaus Grand Hotel & Spa*	Switzerland
Gstaad Palace*	Switzerland
Carlton Hotel*	Switzerland
Chalet RoyAlp Hôtel & Spa	Switzerland
Mont Cervin Palace*	Switzerland

NORTH AMERICA

Sonnenalp Resort of Vail**	USA
Whiteface Lodge	USA

THALASSOTHERAPY

EUROPE

Anassa*	Cyprus
Hotel Nassauer Hof	Germany
Divani Apollon Palace & Spa	Greece
Grand Hotel Quisisana*	Italy
Villa del Parco, Forte Village Resort*	Italy
Masseria San Domenico Spa-Talasso & Golf*	Italy
Grande Real Villa Itália Hotel & Spa	Portugal
Marbella Club Hotel Golf Resort & Spa	Spain
Waldhaus Grand Hotel*	Switzerland
Lausanne Palace & Spa	Switzerland

MIDDLE EAST

La Résidence des Cascades	Egypt
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URBAN SPA

EUROPE

Hotel Sacher Wien	Austria
Hôtel Majestic Barrière	France
Grand Hotel de Bordeaux & Spa	France
Hôtel Fouquet's Barrière**	France
Villa Rothschild Kempinski	Germany
Hotel Nassauer Hof	Germany
Fairmont Hotel Vier Jahreszeiten	Germany
Bayerischer Hof	Germany
Divani Apollon Palace & Spa	Greece
Hotel Metropole	Monaco
Grand Hôtel Stockholm	Sweden
Hotel Schweizerhof Bern	Switzerland
Lausanne Palace & Spa	Switzerland
Palace Hotel Luzern	Switzerland
Fairmont Le Montreux Palace	Switzerland
Swissôtel The Bosphorus Istanbul	Turkey

MIDDLE EAST

One&Only The Palm	United Arab Emirates
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AFRICA

The Oyster Box	South Africa
Taj Cape Town	South Africa
Saxon Boutique Hotel Villas and Spa	South Africa

ASIA & PACIFIC

Umaid Bhawan Palace	India
The Chedi Chiang Mai	Thailand

NORTH AMERICA

Marquis Reforma Hotel & Spa	Mexico
Halekulani	USA
The Setai, South Beach	USA

CENTRAL & SOUTH AMERICA

Faena Hotel + Universe	Argentina
Tivoli São Paulo - Mofarrej	Brazil

WEIGHT LOSS

EUROPE

Terre Blanche Hotel Spa Golf Resort	Austria
Brenners Park-Hotel & Spa	Germany
Bayerischer Hof	Germany
Divani Apollon Palace & Spa	Greece
Elounda Beach Hotel & Villas*	Greece
Grand Hotel Quisisana*	Italy
Capri Palace Hotel & Spa*	Italy
Bagni de Pisa Palace & Spa	Italy
Villa del Parco, Forte Village Resort*	Italy
Grande Real Villa Itália Hotel & Spa	Portugal
Marbella Club Hotel Golf Resort & Spa	Spain
Grand Resort Bad Ragaz	Switzerland
Beau Rivage Palace	Switzerland
Lausanne Palace & Spa	Switzerland
Le Mirador Kempinski, Lake Geneva	Switzerland
Fairmont Le Montreux Palace	Switzerland

MIDDLE EAST

La Résidence des Cascades	Egypt
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AFRICA

Shanti Maurice – A Nira Resort	Mauritius
Le Touessrok	Mauritius
Maradiva Villas Resort & Spa	Mauritius

ASIA & PACIFIC

Taj Exotica Resort & Spa	Republic of Maldives
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WELLNESS CENTER

EUROPE

Hotel Sacher Wien	Austria
Hotel de Charme Les Aïrelles*	France
Hôtel Majestic Barrière	France
Brenners Park-Hotel & Spa	Germany
Grandhotel Schloss Bensberg	Germany

* Seasonal hotels (closed during certain times of the year)

** Sustainable Tourism Education Program - STEP (these hotels have attained this standard through demonstrating measurable excellence in sustainable environmental practices)

Hotel Nassauer Hof	Germany
Divani Apollon Palace & Spa	Greece
Capri Palace Hotel & Spa*	Italy
Bagni de Pisa Palace & Spa	Italy
Fonteverde Tuscan Resort & Spa	Italy
Terme di Saturnia Spa & Golf Resort	Italy
Masseria San Domenico Spa-Talasso & Golf*	Italy
Villa del Parco, Forte Village Resort*	Italy
Marbella Club Hotel Golf Resort & Spa	Spain
Tschuggen Grand Hotel*	Switzerland
Grand Resort Bad Ragaz	Switzerland
Waldhaus Grand Hotel & Spa*	Switzerland
La Réserve Genève Hotel & Spa	Switzerland
Victoria-Jungfrau Grand Hotel & Spa	Switzerland
Lausanne Palace & Spa	Switzerland
Le Mirador Kempinski, Lake Geneva	Switzerland
Hotel des Trois Couronnes	Switzerland
Chalet RoyAlp Hôtel & Spa	Switzerland
The Dolder Grand	Switzerland
The Grove	England, United Kingdom

MIDDLE EAST

La Résidence des Cascades	Egypt
One&Only The Palm	United Arab Emirates

AFRICA

Shanti Maurice – A Nira Resort	Mauritius
Maradiva Villas Resort & Spa	Mauritius
Taj Cape Town	South Africa

ASIA & PACIFIC

Hayman	Australia
Umaid Bhawan Palace	India
Taj Exotica Resort & Spa	Republic of Maldives

CENTRAL & SOUTH AMERICA

Tabacon Grand Spa Thermal Resort**	Costa Rica
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TERMS AND CONDITIONS

Just as each of our hotels and spas is unique and distinguished, their respective rates, packages, special promotions and policies may vary. We always recommend that our guests verify these details when making or confirming a reservation at a member hotel or spa.

SPA RESERVATIONS & POLICIES

SPA RESERVATIONS

Reservations for individual services or packages at all Leading Spas may be made through The Leading Hotels of the World Reservations & Service Centers, by accessing the Leading Spas Internet site (LHWspas.com) or by contacting a travel professional. Advance reservations for spa treatments are highly recommended.

GUARANTEE RULES

Confirmed reservations normally require a credit card guarantee. Leading Spas will accept all major credit cards. In the case of reservations booked online, your credit card will not be charged until the cancellation period has expired. Please review your reservation confirmation carefully and notify the spa immediately in the event of any error.

CANCELLATIONS

Cancellations must be received prior to the local time and date stated in the cancellation policy, and failure to comply may result in the spa charging you for up to the full amount of the service, as determined by the cancellation policy. Spa cancellation policies differ and should be verified at the time the reservation is placed. Reservations for spa services must be considered as separate from a hotel or room reservation. If you cancel your stay, you must cancel all spa reservations separately, or you may be liable for cancellation penalties.

HOTEL RESERVATIONS & POLICIES

RATE/RESERVATION VALIDITY

Reservation confirmations are provided to you solely for your convenience. The Leading Hotels of the World, Ltd. and/or its affiliates or subsidiaries (collectively "LHW") retain official records of reservation transactions, including details of dates of stay and room rates. In the event of discrepancies, alterations, modifications, or variations between this confirmation and our official records, our official records shall control. Tampering with this confirmation to alter the room rate or any other reservation information is strictly prohibited and will have legal consequences.

EARLY DEPARTURE

Some hotels and other transient stay properties (a "Property") have an early departure penalty fee. Some rates may also require a minimum stay. You may change your departure date without a penalty only if your rate plan and the applicable cancellation/revisions policy permit. Please contact your nearest LHW Reservations and Service Center if you have any questions.

SPECIAL REQUESTS

Although some Properties will confirm specific room types or bed types at the time you make your reservation, normally requests for specific features such as bedding type or non-smoking rooms are simply that. While most Properties will strive to honor your request, neither LHW nor the Property can guarantee that your request will be honored.

RATE REQUIREMENTS

As some rates have special requirements at check-in, you should verify that you qualify for the rate that you have reserved. Properties are not obligated to honor this rate if you do not qualify or do not have proof of qualification.

PRIVACY POLICY

Your privacy is very important to LHW. With that in mind, we have established and implemented information-handling practices that we believe are consistent with the industry standards and practices of hospitality organizations. LHW's privacy policy describes the practices that apply to the information we collect about you, including when and how we collect and process that information. We have prepared a detailed policy so that you can make an informed decision about the extent to which you provide information to LHW.

Simply put:

- a) we will not collect personally identifiable information like your name, e-mail, mailing address or telephone number without your knowledge or in a manner inconsistent with LHW's privacy policy;
- b) we will not disclose your personal information to third parties except as described in LHW's privacy policy, or unless you have authorized us to do so in advance; and
- c) we will take reasonable steps to protect the security of the personal information we collect from you.

Please visit LHW.com/luxury/privacypolicy to see LHW's complete privacy policy.

GUARANTEE RULES

For reservations guaranteed with a form of payment at the time of making your reservation, rooms are held until the Property check-out time the day following the day of arrival on the reservation. For reservations not guaranteed with a form of payment at the time of making your reservation, rooms are held until set cancellation time per the rules of the reservation. In the event a guest cannot be accommodated due to the Property overbooking or an unforeseen circumstance, and the Property is unable to hold rooms consistent with this room hold policy, the Property will attempt to accommodate guests, at its expense, at a comparable property in the area for the night(s) for which the Property is unable to accommodate such guests, and will pay for transportation to that property.

TRAVEL DESTINATIONS

Travel to certain destinations may involve greater risk than others. LHW urges guests to review travel prohibitions, warnings, announcements and advisories issued by a guest's country of residence, as well as those of any destination country, prior to booking travel. Please contact the appropriate government office in your locale for information on conditions in various countries and the level of risk associated with travel to particular destinations. LHW does not represent or warrant that travel to, or accommodations in, destinations where services are offered is advisable or without risk, and is not liable for damages or losses that may result from travel to, or staying in, such destinations.

PETS

If you plan to travel with your pet, we recommend that you confirm directly with your nearest LHW Reservations and Service Center that the Property does, indeed, accept pets. LHW accepts no responsibility for the pet policy at any individual Property. Specific pet policies may require a damage/cleaning deposit at the time of check-in which may be non-refundable.

CANCELLATION INFORMATION

Cancellation policies and other information about specific room reservations and Properties may vary by Property and by the type of reservation and may entail a cancellation penalty or processing fee. To cancel or modify a reservation made online, please visit lhw.com. Reservations made through a travel agent must be cancelled through that agent, as the agency controls the record. For assistance with all other reservations, please contact LHW at 1-800-223-6800 if you are calling from the United States, Canada, Puerto Rico and the U.S. Virgin Islands. Otherwise, please contact your nearest LHW Reservations and Service Center. A list of Centers can be found on pages 2-3 of this Directory. For all cancellations made through LHW, a cancellation number will be provided to you. A cancellation number is required as proof of cancellation, but will have no effect on any cancellation penalty or fee that may be due pursuant to the applicable cancellation policy. Please note that reservations cannot be canceled via e-mail.

GENERAL POLICIES

EXCHANGE RATE

For non-USA Properties and spas, rates and spa packages quoted and confirmed in non-local currencies will be converted to local currency by the Property at your time of payment, based on the exchange rate used by the Property and are subject to exchange rate fluctuations. Credit card charges are subject to additional currency conversions and fees by banks or credit card companies at the time of processing of monthly statements, which are not within the Property's or LHW's control and may impact the amount charged to your credit card. Please contact your nearest LHW Reservations and Service Center if you have any questions. A refund of a deposit or prepayment, if any, will be subject to the exchange rate at the time of any such refund and may differ from the exchange rate at the time such deposit or prepayment was made.

LIMITATION OF LIABILITY

LHW does not own or manage any Property or spa. Information regarding rooms, facilities and services offered at the Property or spa contained in this Directory has been provided by the Property and the spa. LHW does not make any representation or warranty, express or implied, of any kind with respect thereto. Such information may be inaccurate as a result of renovation or repair. This Directory may also contain typographical errors or omissions. LHW shall not be liable for any discrepancy in the rooms, facilities or services available at a Property or spa from those described in this Directory or for any other errors or omissions, and shall not be liable for any damages that may result therefrom.

FORCE MAJEURE

Neither LHW nor any Property or spa will be liable for any change or cancellation of any reservation that is caused, in whole or in part, by events, occurrences, or causes beyond the control of LHW or any such Property or spa. Such events, occurrences, or causes include, without limitation, acts of God, terrorist activities, weather, strikes, lockouts, riots, acts of war, earthquake, fire and explosions.

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